

Course: **Grade 10 Physical Education**

Teacher: Mr. Bateman

Room: 115/119

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Texts/workbooks:

Course description: Physical Education is the opportunity for students to learn, develop and improve skills. Students will participate in both team and individual activities throughout the year 2 out of 7 days.

	TERM 1 (20%)	
<p><i>Competencies Targeted</i></p> <p>Competency 1 = Performs movement skills in different physical activity settings. Touch Football, softball and Soccer</p> <p>Competency 2 = Interacts with others in different physical activity settings. Touch Football, softball and Soccer</p> <p>Competency 3 = Adopts a healthy, active lifestyle. Fitness</p>	<p><i>Evaluation Methods</i></p> <p>Participation, game evaluation, individual skill assessment, quizzes, fitness testing</p>	<p><i>Timeline</i></p> <p>Every class</p>
	TERM 2 (20%)	
<p>Competency 1 = Performs movement skills in different physical activity settings. Badminton and Volleyball</p> <p>Competency 2 = Interacts with others in different physical activity settings. Touch Football and Soccer</p> <p>Competency 3 = Adopts a healthy, active lifestyle. Fitness</p>	<p>Participation, game evaluation, individual skill assessment, quizzes, fitness testing</p>	<p>Every class</p>
	TERM 3 (60%)	
<p>Competency 1 = Performs movement skills in different physical activity settings. Basketball, Handball, Ultimate Frisbee</p> <p>Competency 2 = Interacts with others in different physical activity settings. Basketball, Handball, Ultimate Frisbee</p> <p>Competency 3 = Adopts a healthy, active lifestyle. Fitness</p>	<p>Participation, game evaluation, individual skill assessment, quizzes, fitness testing.</p>	<p>Every class</p>

<b>END OF YEAR RESULT</b>									
Term 1		Term 2		Term 3	=	100%			
20%	+	20%	+	60%					

<b>Additional Information / Specifications</b>
<ul style="list-style-type: none"> <li>• All students are expected to participate in all classes. A medical note must be provided for a student to be excused from participation in physical education class due to illness or injury. Evaluation in physical education is ongoing. It occurs every class.</li> <li>• Students should arrive to P.E. class wearing the proper gym uniform – Royal West burgundy t-shirt, Royal West grey shorts, socks and athletic footwear. Athletic footwear needs to have laces, slip-on shoes are not acceptable. Nylons and tights are not permitted. <b>The regular PE uniform must be worn on Dress Down Days.</b></li> <li>• Hair must be properly secured. No jewellery. No eating, nor chewing gum in the gym.</li> <li>• Only RWA sweatshirts and sweatpants are permitted for outdoor classes.</li> <li>• Please purchase and use a lock to secure your belongings in the locker room during P.E. class.</li> <li>• Failure to comply with the above listed specifications will be reflected in the student’s mark.</li> </ul>

<b>Remediation Schedule</b>	
Day 4 & 7	Time: Lunch
I will be available on days 4 and 7 at lunch in the New Gym office.	

Parent Signature: \_\_\_\_\_

Student Signature: \_\_\_\_\_