Course: **Grade 8 Physical Education**

Teacher: Mr. Aiken Room: 119

E-mail: raiken@emsb.qc.ca

Texts/workbooks:

Course description: Physical Education is the opportunity for students to learn, develop and improve skills. Students will participate in both team and individual activities throughout the year 3 out of 7 days.

	TERM 1 (20%)	
Competencies Targeted Competency 1 = Performs movement skills in different physical activity settings. Competency 2 = Interacts with others in different physical activity settings. Competency 3 = Adopts a healthy, active lifestyle.	*Evaluation Methods* Participation, game evaluation, individual skill assessment, quizzes, fitness testing ***** Mark will appear on 2nd term report card. *****	*Timeline* Every class - Students will be receiving information concerning our annual Terry Fox fundraiser in September. All grade 8 students participate in the Terry Fox run each year at RWA. Pledge forms will be completed online before the event. Students that complete their pledge form will receive a community credit. Our event will take place during a PE class in mid October.
	TERM 2 (20%)	
Competency 1 = Performs movement skills in different physical activity settings. Competency 2 = Interacts with others in different physical activity settings. Competency 3 = Adopts a healthy, active lifestyle.	Participation, game evaluation, individual skill assessment, quizzes, fitness testing	Every class
	TERM 3 (60%)	
Competency 1 = Performs movement skills in different physical activity settings. Competency 2 = Interacts with others in different physical activity settings. Competency 3 = Adopts a healthy, active lifestyle.	Participation, game evaluation, individual skill assessment, quizzes, fitness testing.	Every class

END OF YEAR RESULT									
Term 1 20%	+	Term 2 20%	+	Term 3 60%	=	100%			

ADDITIONAL INFORMATION

- All students are expected to participate in all classes. A medical note must be provided for a student to be excused from participation in Phys Ed class due to illness or injury. Evaluation in physical education is ongoing. It occurs every class.
- Students should arrive to P.E. class wearing the proper gym uniform – Royal West burgundy t-shirt, Royal West grey shorts, socks and athletic footwear. Athletic footwear needs to have laces, slip-on shoes are not acceptable. Nylons and tights are not permitted. The regular PE uniform must be worn on "dress down days". **As the locker rooms will not be used at this time, students must wear their PE clothes to school on days when they have physical education.**
- Hair must be properly secured. No jewellery.
- Sweatshirts and sweatpants are permitted for outdoor classes. If they are not RWA clothing, they cannot be worn during the other periods of the school day.
- No eating, nor chewing gum in the gym.

I will be available for remediation at lunch on Days 5 & 7 in 119.

Student's Printed Name: _____

Student Signature:_____

Parent Signature:_____

***** Important information to students and parents/guardians regarding course outlines:***

Due to COVID-19, there are many unknowns as to how the 2020-21 school year will unfold. The information on this outline may need to be modified as the year progresses. Rest assured that any changes made will be done so to reflect what we feel is best to maximize student success.