



G M A A

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INDOOR TRACK & FIELD MEET COMPLEXE SPORTIF CLAUDE-ROBILLARD

COACHES MEETING: 8:15 AM - MEET STARTS: 8:30 AM
 There is NO LUNCH BREAK events follow one after the other

TRACK ORDER OF EVENTS

3000m
60m H
800m
60m Heats
200m
1500m
60m Finals
400m
4 x 200m

All Track events are timed finals.

Long Jump and Triple Jump ORDER OF EVENTS

Long Jump	Ban
Triple Jump	Juv
Long Jump	Mid
Triple Jump	Ban
Long Jump	Juv
Triple Jump	Mid

Schedule for High Jump and Shot Put

	9:00	10:30	12:00
High Jump	Mid	Ban	Juv
Shot Put	Mid	Ban	Juv