

RWA



News

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DECEMBER 2018–JANUARY 2019

A Word From The Administration

Mr. Tony Pita, Principal

Ms. Chantal Juhasz, Vice-Principal

Mr. Steven Manstavich, Vice-Principal

Ms. Christy Tannous, Vice-Principal



The Administration would like to start by wishing members of the Royal West Academy community a prosperous New Year. We hope you all enjoyed a restful holiday surrounded by loved ones.

There are a number of recent changes to the RWA community. While they are away taking care of their new little bundles of joy, Ms. A. Holloway and Ms. Dimopoulos will be replaced by Ms. Alexandra Todi and Ms. Cathy Schreiber, respectively. Ms. Willma François is our new main office secretary. Ms. Alexa Lemarquand will replace Ms. Koyounian, Ms. Danika Swanson will replace Ms. Trehin, and joining our evening maintenance staff is Mr. Antonios Nikolopoulos.

Les mois de décembre et janvier nous ont tenus bien occupés à l'Académie Royal West. Nos levées de fonds Penny Wars et Homeroom Challenge au profit de Tyndale St-Georges, la collecte de jouets pour les élèves de l'école primaire Westmount Park (grâce à Mme Purdy et Mme Macleod), et la collectes de denrées non-périssables pour soutenir les familles de

l'école secondaire John Grant (merci à Mme Di Pietro) ont aidé plusieurs familles dans le besoin.

The weeks of December 3–6 and 10–14 saw RWA students and staff working together for a wonderful cause. Homerooms competed against one another to see who could collect the most money, non-perishable food items, and toys to support the Tyndale St-Georges Community Centre, John Grant High School, and Westmount Park Elementary School. Our annual Penny Wars was a great success as all of our students and staff did a fantastic job promoting the event and worked together to show what great work Royal West Academy can do to help those less fortunate. During that week, students raised \$8849 for the Tyndale St-Georges Community Centre, which offers support programs and services for underprivileged communities in the southwest sector of Montreal. Our Secondary V students won the grade level challenge, winning the prize of an afternoon off that will be awarded on February 25, 2019. Homeroom 207, Mme Bourdeau's Secondary I group, also earned a pizza lunch for raising the most money by a homeroom. A huge thank you to Mr. Bateman and the Leadership and Leisure Studies classes for their commitment to the Penny Wars grade-level challenge and to the homeroom teachers for organizing and helping to motivate the student body for this amazing local charity.

La tradition s'est poursuivie avec notre Holiday Music Concert, dirigé par Mesdames Purdy et Macleod. Encore une fois cette année, ce fut un concert à ne pas manquer. Des performances de notre chorale A Cappella, de nos groupes RWA Winds, RWA Jazz Band, et bien sûr de notre Honour Band. Au menu cette année, des classiques du temps des fêtes ainsi que de nouveaux arrangements; de quoi commencer les fêtes du bon pied.



The school musical this year ran from December 17–20. *Hoedown* was written and directed by Mr. Floen, with the original musical score written by Chris Barillaro (class of 2004). The cast performed beautifully and should be congratulated on their talent and dedication. Ms. Kuch and her team of volunteers of both parents and students made the performance seamless and a pleasure to watch.

Le mois de janvier a débuté avec des assemblées et des visites en classe pour expliquer le Course Selection Form aux élèves en secondaire I à IV. Chaque étudiant doit rapporter le formulaire complété et signé pour pouvoir s'inscrire à RWA pour l'année scolaire 2019–2020. Si un élève change d'idée quant à ses choix de cours, un changement peut être effectué, tant et aussi longtemps qu'il reste suffisamment de place dans le cours. Nous demandons tout de même qu'un parent envoie une lettre signée indiquant le changement à Mme Reece, notre technicienne en organisation scolaire. Si votre enfant, actuellement en secondaire I à IV à RWA, n'a pas l'intention de poursuivre ses études parmi nous l'année prochaine, nous vous demandons d'envoyer une lettre à l'école pour indiquer vos intentions.

Les élèves de secondaire V ont quant à eux reçu une session d'information sur les CEGEPs.

Wow do we have talent! Our annual Variety Show took place on January 11 with over 20 acts, exposing us to a "variety" of songs, music, dance, and solving Rubik's cubes. The proceeds from the event went to the Montreal Children's Hospital and the Royal West Academy Foundation. If you missed it, learn from your mistake and go next year! A huge thank you to all the Execs and SLA for organizing the event, and to Ms. Dillon for her leadership and guidance.

Les élèves en musique nous ont offert deux merveilleux concerts les 16 janvier (matinée) et 17 janvier (en soirée). Avec leur talent incroyable, les élèves ont offert une performance formidable dont ils peuvent être fiers.

In the sports arena, our teams continue to perform and compete. Since it is ill-advised to report on the success of a season before its completion, we will leave it at that until our next RWA News publication.

Le 22 janvier, le personnel et les étudiants de RWA ont participé à notre journée annuelle du carnaval d'hiver. Les élèves ont pu choisir une des six activités hivernales offertes : le ski ou la planche à neige, les raquettes, le hockey, la glissade en tube, la cabane à sucre ou des activités à l'école. Les conditions étaient excellentes grâce à la récente tombée de neige. À l'approche des examens de mi-année, cette journée était une bonne façon pour tous de se décontracter et s'amuser. Les membres de l'administration souhaitent remercier M. Zigby, le SLA, et tous les enseignants pour leur aide dans la réalisation de cette activité.

This is true all year, but we need to be especially careful in the winter months with snow and ice on the roads, snowbanks on the sidewalks, and hoods and hats impeding sight lines. When you are driving near the school, especially on Ainslie Avenue, please reduce your speed to prevent any unfortunate accidents. A reminder also to parents and all those dropping students off at RWA: Ainslie Avenue is a "no stopping" zone—tickets have been handed out for stopping and unloading. Students are to be dropped off on Easton Avenue only. This is not new—please adhere to the laws and help make our community safer for all.

À Royal West, il y a toujours de l'action! Vous pouvez vous tenir au courant en visitant notre site Web www.royalwestacademy.com, en nous suivant sur Twitter @RoyalWestAcad, en consultant le calendrier de l'école ainsi que le compte Schoology de votre enfant.

SHARING THE STAGE WITH YOU.

By Mr. Mitchell White, RWA President

On behalf of all of us at the Royal West Academy Foundation, I'd like to wish you a very Happy New Year and all the best for 2019.

The RWA closed out 2018 by welcoming in several new members to our team who came to our last meeting and agreed to donate their time and expertise to support our great school. Special thanks to Mr. Massimo (Max) Fiore, who stepped up to become



our Treasurer. If you'd like to help out too, it's never too late! There are still lots of initiatives we need help with—to learn more, visit our website or come join us at our next meeting.

If you would like to kick off the New Year with a donation to the RWAf in support of our Performing Arts Centre Campaign, you can do so at our website, www.rwaf.ca—just click on “Donate Today!” in the top left-hand corner. Any donation over \$20 receives a charitable tax receipt, which is handy to have at tax time. All donations are greatly appreciated and go towards making our school an even better place for our kids to learn and thrive.

Do you have a child who will be old enough to learn to drive this year? If so, you can make this reality a little less scary by signing him or her up for driving lessons, held after school exclusively for RWA students, with City Driving School. Former RWA parent Thomas Spiegler not only offers a great rate to RWA families, but also, for every student you sign up, a \$125 donation is made to the RWAf and a charitable tax receipt is issued to you. A new set of classes just started on January 31 and another session will begin March 26, 2019. For details, visit www.citydrivingschool.ca/rwaf.

Our next meeting is February 11, 2019, at 7 PM in the Teachers Lounge. If you're curious, come see what we're all about! If you want to help but cannot make the meeting, just send me an email at info@rwaf.ca.

All the best and stay warm!

Volunteering At The Mackay Centre

By Vanessa Catena

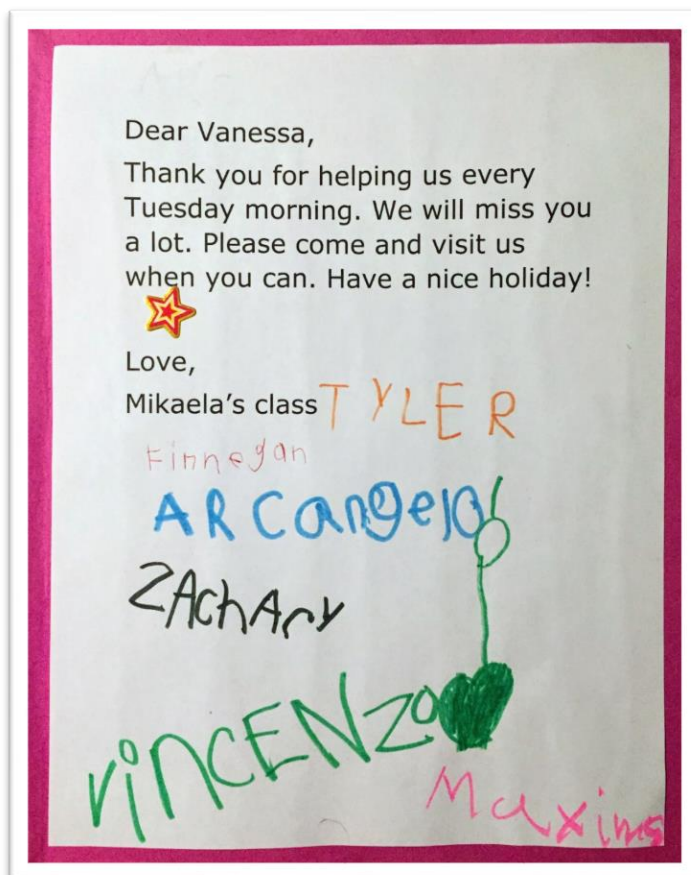
This past fall, I was fortunate to have been given the opportunity to volunteer at the Mackay Centre along with seven other students from Royal West Academy for 10 weeks.

The Mackay Centre is the only English elementary school in Quebec that educates children with motor, speech, physical, intellectual, sensory, and other learning difficulties. It provides different resources such as teachers, early childhood educators, nurses,

occupational, and physiotherapists all in one place to provide the necessary tools for the children to succeed.

My role as a volunteer was to assist the Grade 3 teacher in a class with six students. The classes at the Mackay Centre are very different from those that are found in a mainstream elementary school. The student-to-teacher ratio is very small. At the Grade 3 level, they learn basic reading and math skills. Each student in my class learned at a different speed. The teacher knew exactly the level of each student based on their weaknesses and strengths. My main task as a volunteer was to help out the students with their school work. I would also work with students on a one-to-one basis if they required extra help and were not progressing at the same pace as the rest of the class. I saw the students make great strides in their learning ability and in their manners throughout my stay.

My most memorable moment throughout my volunteer experience was when I chaperoned the students on a field trip to the Montreal Museum of Fine Arts. The kids were so interested in the art and asked so many questions that it made me appreciate the artwork with



a different eye. The students were so involved in the art activity, which was to paint an abstract piece inspired by Pablo Picasso. The artwork that the students painted was amazing.

I am sad that my volunteer work has come to an end. This has been such a rewarding experience for me that I will never forget. I have a profound appreciation for all the staff members at the Mackay Centre that are very dedicated to helping the students achieve their full potential to lead a successful life. The students have left a very special place in my heart and I look forward to visiting them again. I will always remember the six boys that made my Tuesday's unforgettable by bringing a smile to my face!

Mental Health Awareness Club

By Emma Rothstein

At the start of this school year, the guidance counsellors created a new club called the Mental Health Awareness Club. This group welcomes Secondary IV and V students who are interested in mental health topics and/or raising awareness in the school for mental health. This club can also be beneficial for students interested in learning more about psychology. Originally, this committee was created last year for a project that happened during Mental Health Awareness week in May. The committee has now grown into a year-long club with several projects to come further on in the year.

For the first project of the year, the Mental Health Awareness Club planned an activity called *Just Post-It!* where students would write their own personal mental health stories and self-care tips on cue cards. After many cue cards were written, all the cards were posted on a board to be hung on display inside the school. This is just one example of the projects this committee has done so far. A project that they are planning to do just before exam time is self-care packages. This project is directed at the students at Royal West Academy, to de-stress during this tough time of the year. The student members of this club help with all the different activities organized.

I interviewed Zoe Malinoff, a student member of the Mental Health Awareness Club to get her perspective

on what it is like to be a part of a committee that looks out specifically for the students of Royal West Academy. Zoe mentioned that she joined this club to be able to help other people and that it is such a rewarding feeling to be a part of something so special. She said, "I feel as if the most rewarding part is to see people partaking in the activity and to see our peers sharing their advice, tips, and stories on mental health. It feels special to know that people are supportive and to know that to at least one person, you've broken the stigma and made others aware of mental illnesses."

Being a member of a club that is beneficial for the students' well-being can help people out in many ways. The activities that the Mental Health Awareness Club plans are there to show students that it is always a good idea to seek help and that is why this club is so important for the school.

Mental health issues and illnesses touch many students in our school. Ms. Klisouris, one of the guidance counsellors that leads this club, said, "Students may feel a personal fulfillment by being a part of this club because they are helping raise awareness for these issues and improve the mental health of our school."

Approximately one in five teenagers struggle with mental health problems and if more students raised awareness to break the stigma of mental illness, it would benefit many of the teens in our school. The first step can be to join a club that is trying to raise awareness for these different issues. The Mental Health Awareness Club is always looking for new members to join because the more people that are involved, the more activities the committee can plan! Please stop by one of the guidance counsellors' offices if you are interested in joining this club!



Cleft Palate Fundraiser

By Vishal Ubha



According to WebMD, a cleft palate is when the roof of the mouth contains an opening into the nose. Though cleft palate cannot be distinguished at first glance, as it takes place in the palate, another birth defect that the cleft palate is most commonly linked to is the cleft lip, which is easily perceived and occurs when the upper lip has an opening extending to the nose. In association with the yearly international exchange program taking place in India this year, Royal West Academy teacher, Mr. Diacoumacos, decided to begin a fundraiser for children with cleft palates, as many children born with a cleft palate are currently living in the regions that the students will be visiting during the trip.

Mr. Diacoumacos has already stated that RWA's Student Life Association has already donated \$1000, and that approximately another \$2200 to \$2300 will be raised in time for the trip, resulting in a total sum of about \$3300. According to Mr. Diacoumacos, this is the fifth time that RWA's international exchange program is taking place in India, and that he and students decided that it was time to give back and also focus on India's challenges rather than simply learning, indulging, and taking in all the country's pleasures. He explained, "When the students realized it only took \$250 for the surgery to correct a [cleft palate], they said that it was very feasible on their part."



Initially, the goal was to amass \$2500 to change the lives of ten children, but if his group of students reach

their present goal of \$3300, thirteen children's lives will be changed in India.

Accompanying Mr. Diacoumacos on the trip will be his colleagues, Ms. Belina and Mr. Northey, all acting as chaperones for the 25 carefully selected Secondary III students. For the India Exchange Program, students and chaperones will land in Delhi, where they will be hosted by students currently attending an international school and will stay with their families for a week. After that week, the RWA students will leave and go on a separate trip to Rajasthan, where they will visit cities like Jaipur, go to the desert, and experience a tiger safari. From there, the group will take a flight to Mumbai, where they will do more exploring for a couple of days before returning to Montreal.

Though they will not be directly visiting the children affected by cleft palates, they will at times be exposed to the way of life of the poverty-stricken in India. All in all, this fundraiser was very thoughtful initiative on Mr. Diacoumacos' part, and I hope to see many more countries that are in need that Royal West Academy will be visiting in the future.

Junior Robotics

By Colin Evans



For the past few years, the Junior Robotics Club has continued to impress year in and year out at the Educational Alliance for Science and Technology (EAST) Junior Robotics Competition as they have captured their 3rd consecutive first place finish as winners of the Robo Junior Cup. The students this year are looking forward to making it the school's fourth winning year in a row.

The annual competition, organized by EAST and taking place on March 29–30, 2019, has been going on since 2002 for elementary as well as Secondary I and II high school students from Montreal. The students use a familiar user-friendly platform known as the Lego Mindstorms, which has several robotic components such as motors, sensors, and the actual programming of the system itself. The competition has four different events that the students may choose to perform in. Last year, they consisted of Football, Triathlon, Save Metropolis, and Creative Performance.

This year, the club will enter in a new competition organized by the World Robot Olympiad known as Zone01 which will take place on May 10, 2019. The team looks forward to expanding to new competitions every year.



The Junior Robotics Club, run by physics and computer science teacher, Mr. Nemeth, and new teacher, Mr. Magee, is a great extracurricular activity for students in Secondary I and II as they will get to work on a team on a specific event and make new friends in the process. It also gets the students to think about the engineering behind the production of a robot and think about the physics behind its performance out on a field. It's very interesting for these younger kids as they get to work on something that they will enjoy while learning about the practical use of math and physics in the real world.

The club also prepares students for the Senior Robotics club from Secondary III to V if they choose to move on to the next step of robotics. Former Junior Robotics winner and current co-captain of the Senior Robotics club, Max Wu-Blouin, still appreciates the time and work he spent in the Junior Robotics Club. He explains, "Even though a lot of time is spent arguing over different aspects of the robot, I had more fun than anything else and it taught me how to act as a good teammate."

As a former member of the club, I know the impact that the competition can have on someone, especially as a Secondary I student who just entered a wild new environment known as high school. It forces everybody to work as a team and develop a sense of leadership and work ethic as it's a very fun yet time consuming activity.

French Theatre: Les Belles-Soeurs

By Michelle Levy

On October 24, all the Secondary V students were taken to Place des Arts downtown to watch a play based on *Les Belles-Soeurs* written by Michel Tremblay. Prior to this play, most students had read this book in class and gotten to know all the characters and the author well.

The author, Michel Tremblay, had written many famous books and is a well-known French writer. He is a politician and often his political views are shown in his texts. He is an influencer in Quebec and has lived here since he was born. He incorporated many characters that represented him in his play and made a difference in Quebec's society and their views. Therefore, reading this book and learning about him touched on subjects such as the French language, Quebec history, and politics at the time.

Les Belles-Soeurs is a story about a woman, around the early 1960s, who had won one million stamps and therefore decided to invite many other women in her family over in order to help her go organize them. Not only does this book talk about family, gender roles, and other important themes, but it also allows readers to get a sense of what life was like then and the differences between then and now. We see the different stereotypes that women must live up to and the expectations by society that everyone at the time was obligated to fulfill. This book is also told in the Joul language dialect that was spoken at the time and it allows us to learn more about the culture and lifestyle back in the 1960s.

As we read this book in class, it was a little difficult to understand the language and appreciate the book as much as we should have. Getting the opportunity to experience a live play of this book was an excellent way to bring our learning to life. William Mendelson, one of the many students who went to this French play says, "When we read it in class, some parts were more difficult to understand, but getting to see the play and



Photo credit: <https://placedesarts.com/fr/evenement/belles-soeurs-theatre-musical>

seeing how things were acted out gave a whole new sense to the play, that's why I think that it is very beneficial to see plays in the theatre. Not only is it fun, but you get to learn in different ways that you don't get to experience very often." As William said, the play allowed students to learn in a fun and enjoyable manner, rather than sitting in a classroom.

This opportunity allowed the students and teachers to see how beneficial and advantageous this play was to our learning. William says, "I had a great time! It's a very popular play and is a big part of Quebec's culture and it was interesting to see how the whole play was acted out. I enjoyed it very much and I think many others did too." Many students had made similar comments to William's and allowed us to take our learning to the next level.

The French play, *Les Belles-Soeurs*, was an incredible and enjoyable experience that brought our learning to life. Instead of being stuck in a classroom, we were able to get out and watch a play which had enhanced our learning as well as our understanding on different aspects of the story.

The Boys Of Dance Show

By Zoe Malinoff

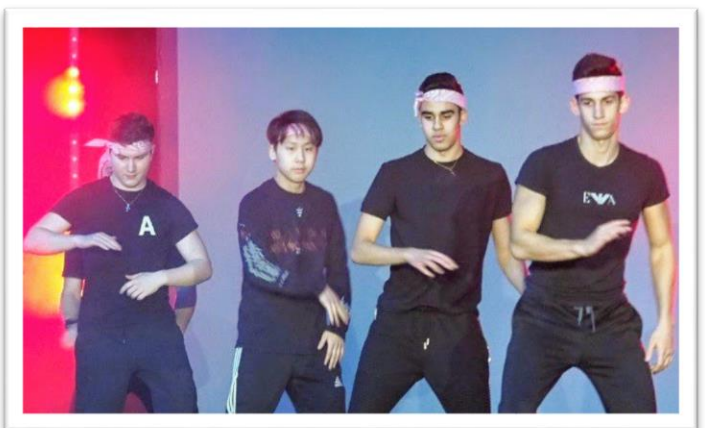
Dance Show is one of the most popular and amusing extracurricular activities at Royal West Academy. This student-run production displays the talents of many of our school's dancers all while raising money for the organization, Dans La Rue—this charity helps homeless teenagers who are not as fortunate as we are. It is an incredible and organized event that showcases many types of dancing from our students. A very anticipated act every year is the boys scene.

Everyone looks forward to watching the boys' performances because they show such passion while dancing and their energy disperses throughout the crowd. Dance Show exec Sascha Azoulay says, "What differentiates the Royal West Dance Show from other schools is that we have an enormous number of boys participating in the show and raising money for this important cause. Other schools don't see this number of boys often and this is something that we are very proud of." The boys bring tons of enthusiasm and

excitement to their scene and it really adds an aspect of variety and intrigue to come watch the show.

The boys participate in the show for many reasons. Dance Show participants Manny Bizogias and Leo Diakoumakos say that they love partaking in Dance Show because they get to spend time bonding and having a great time with their friends, all while putting together a great show for a great cause. As the choreographers for the Grade 11 Boys scene in this year's show, Emma Rothstein and I see the devotion that they all put in and how accomplished they all feel when aching the dance or simply just understanding a move.

I asked these two boys how they felt after they participated in last year's Dance Show, *Blackout*. Manny said, "It felt rewarding because all of our hard work paid off and it feels fun and exciting being on stage and absorbing the energy from the crowd."



I also asked the boys what they contribute to the group. Leo, self-proclaimed captain of the dance team, stated, "As captain, I bring my motivation to the rest of the group and do my best to encourage everyone to give it their all."

The boys consider themselves a family and it is awesome how each individual expresses such teamwork and unity. All the dancers in the show create such great friendships and the boys really display an amazing example of that.

To really do the presence of the boys in Dance Show justice, I spoke with one of two teacher supervisors, Mme Cayer, who attends every Dance Show practice for Secondary V Boys and sees firsthand the amount of



excitement they have. She says, “They bring a certain energy that we don’t get from the other scenes. It’s that moment of the day when they’re with all their friends, hang out, have fun, and de-stress.”

To the boys, Dance Show is a blast and they are extremely passionate about it. “Some of us aren’t that skilled, but our hearts are in it,” Leo shares.

The boys of Dance Show 2019 have been working hard to prepare their much anticipated scene for this year’s show. Last year’s outstanding outcome from the boys has encouraged many others from all grades to join Dance Show and be a part of this wonderful experience. Come watch them along with all the other breathtaking and talented dancers from Royal West Academy on March 22, 2019!

Tea Club

By Samara Milstein

With a wide variety of clubs and extracurricular activities already available at Royal West Academy, it comes as no surprise that new options are being added to the list. Secondary V students Olivia Chevrier and Christina Polichronopoulos have started their very own Tea Club within the school, which they have been running together since last winter. I sat down with Olivia and asked her all about this activity as well as the work that went into creating the Tea Club.

The group meets in Room 108 on Tuesday mornings at 8:10 AM–8:25 AM. Students get to taste different kinds of tea each week and rate them, all while conversing and relaxing with friends before the long school day ahead. According to Olivia, this is exactly what makes her club unique, as it “brings students together in a stress-free environment.”

Another interesting aspect of this extracurricular activity is that it was created and is run entirely by



students. As heavy tea drinkers, Olivia and Christina jumped at the opportunity when it was suggested to them by Mme Moreau. “It’s really easy to make your own club!” Olivia says. All that’s needed is to find a teacher to be present during meetings.

As for the future of Tea Club, it is uncertain whether or not it will continue to run after Olivia and Christina graduate later this year. They are hoping to find another student that is as passionate about tea as they are to continue Tea Club for many years to come.

Anyone that enjoys tea or wishes to start drinking tea is welcome to join the group and is encouraged to come try it out. “Don’t be shy and come to one of our meetings!” A cultural credit is given to those who attend ten sessions throughout the year.

The Bob Ross Trend

By Daniella Maclean

One of the latest trends is watching Bob Ross’ video tutorials. Bob Ross was an American painter and the creator of the show, *The Joy of Painting*, that aired 1983–1994 on PBS. YouTube creators, from Liza Koshy to Jenna Marbles and many other smaller YouTubers, have made videos following his tutorials with their own twists. People have even gotten together at the University of Manitoba library to watch him and paint as a group.

All this publicity made me wonder why these artistic videos were getting so much attention and what made



Bob Ross, the face of it all, so special. I decided to follow one with my mom to attempt to further understand.

We watched his first ever video, *The Joy of Painting Season 1 Episode 1, "A Walk in the Wilderness."* He welcomed us to his studio and started to explain his techniques. He mentioned that he would release an episode every week using the same basic selection of paints and brushes but with a different theme every time. I was soon relaxed and absorbed by this tutorial. Ross' instructions were very simple and easy to follow.

We were painting a forest scene with a little trail and I was having trouble accepting the final result when it didn't look like his. As if he heard my thoughts, Ross told the camera that it was okay if we made mistakes because that's what makes a painting unique and as long as we liked our paintings, they would be successful. I then looked down at my piece of art and I liked it. While it didn't look as good as Bob Ross' artwork, I was proud of myself, considering my expectations before beginning to paint.

I finished my painting, as did my mom, and we let them dry. We made a promise to each other to follow one of his videos every week. We were hooked too!

The preparation, execution and cleaning up took no more than an hour and a half and left us quite invigorated with a sense of renewed creativity. Even though many years have passed since they first aired, Bob Ross' videos have an air of authenticity that is hard to resist. I would recommend Bob Ross' tutorials to everyone.

Bob Ross and his tutorials relate to RWA and their mindful moments because both are looking to relax the mind of the person following them. An ECA that follows

Bob Ross' tutorials would be a good combination of both concepts while supporting RWA's ideals.

The Governing Board Report

By Ms. Fotini Markopoulos, Chair

The last Governing Board meeting was held on January 22. As usual, quorum was met and another productive meeting took place.

The following 2019–2020 Royal West Academy Budget Building Priorities were adopted:

1. Allocate funding for enriched programs and special status schools
2. Increase per capita allocation (cover costs formerly paid through fees)
3. Maintain allocation of frontline support services (guidance counsellors and secretarial support)
4. Technology integration facilitators and onsite technical support
5. Devolve professional development budgets to schools to ensure training that is appropriate to local programs
6. Improved facilities (auditoriums and washrooms)
7. Fund and support student-staff-parent portal

It is, without a doubt, due to the outstanding leadership qualities of the RWA Administration that our Governing Board began RWA's Educational Project Consultation without a glitch. Workstations were set up and divided equally amongst the entire RWA Community (teaching professionals, non-teaching professionals, parents, students, and community representatives). Questions regarding the different needs of all RWA students were asked and everyone present gave their opinion. Bravo to all!

A detailed description of the 2018–2019 Sexuality Education Curriculum Plan was presented, followed by the Governing Board's approval.

A Budget Update was presented, followed by the Governing Board's approval that the financial resources allocated by the EMSB, related to the MEES' Dedicated

and Protected Measures, were allocated to Royal West Academy in accordance with their intended purpose and as defined in the amended Operating Budgetary rules for the 2018–2019 school year.

Once again, the Governing Board approved the India Exchange Program, beginning 2020–2021.

Our next meeting will be held on February 19, 2019, at 7 PM, in the school library.



CALENDAR OF EVENTS

Jan 28–Feb 1	Mid-Year Exams
February 5–8	Sec II Ski Trip: Stoneham QC
February 5–8	Sec V Trip: New York NY
February 7–24	India Exchange
February 11	RWA Foundation meeting @ 7 PM
February 12	Home & School meeting @ 7:30 PM
February 13	Salons des inventions
February 14	RWA Science Fair
February 15	Pedagogical Day
February 18	Teacher Day
February 19	Governing Board meeting @ 7 PM
Feb 19–22	MindPOP French
Feb 19–22	Staff Appreciation Week
February 22	Pink Shirt Day
February 25	Pedagogical Day (afternoon)
Feb 27–Mar 7	Spanish Trip
Feb 27–Mar 10	Honour Band Trip: Cuba

LOST AND FOUND POLICY

Please be advised that the Lost and Found boxes are cleaned out on the 15th of each month. While labeled items are returned to their owners, several bags of unclaimed unlabeled items are removed and donated to charity every month. So if you are looking for lost items, make sure to look for them before the 15th!

The Lost and Found bins are located in three areas at Royal West Academy:

- outside the new gym
- outside the guidance office
- in the main office under the teachers' mailboxes

In the meantime, please label all your belongings!

USED UNIFORMS

ACCEPTED ALL YEAR!

Home & School accepts used uniforms all year long. If you have used uniforms to donate to the Used Uniform Sale in June, you or your child can drop items off at the school store on all regular school days during the lunch hour, or at the main office during regular school hours.

RWA



News

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RWA News is published during the academic year (from September to May) on the Royal West Academy website at www.royalwestacademy.com. Articles, comments, and suggestions may be directed to the editor at rwanews@gmail.com.





CSEM Nutrition et services alimentaires
EMSB Nutrition and Food Services



Cafeteria Meal Cards

Now available in your EMSB Cafeteria!

For use in all EMSB High School cafeterias, a cafeteria **MEAL CARD** is a great way to avoid carrying money and shortens the wait time to enjoying your delicious and nutritious meal. A **MEAL CARD** is valid for 11 meal deals* at the cost of 10. *What a deal!*

Price: \$40.00 per Meal Card

A Meal Card = 10 meal deals* + one FREE!

*Meal deal includes: an entrée, vegetable, soup or dessert of the day, choice of milk, juice or water (330ml)



Purchase your Meal Card(s) now!

Visit <https://leminibistro.emsb.qc.ca>

Click on Buy Meal Card button (in red) and follow instructions.

Once purchased, meal card(s) will be delivered to your child's school for pick-up at the main office within 3 to 5 school days.

See online for terms and conditions.

