

ROYAL WEST ACADEMY
COURSE OUTLINE & EVALUATION
ADV. PHYSICAL EDUCATION:
LEADERSHIP & LEISURE STUDIES
54-01/54-02

Teacher: Mr. J. Bateman

Course Outline and Evaluation:

Aim:

The aim of this course is to develop the cognitive, psychomotor, and affective domains of each learner, to the maximum of his/her potential through a variety of activities, situations and experiences. (To develop dynamic and confident leaders.)

Goals:

- To increase the student's awareness of leadership skills and the need for competent leaders in our community.
- To study administrative and programming techniques, which will provide the student with the knowledge to successfully assume a leadership role in leisure environment.
- To assist students in the understanding of "effective leadership" and how to become better leaders.
- To learn to listen, communicate, evaluate, give and receive constructive feedback, handle conflict, organize self and programmes, study and practice qualities of effective leaders in leisure settings.
- To build greater self- confidence and self- esteem through the development of good communication and leadership skills.
- To increase the student's leadership capacities through experience and deliberate practice.
- To allow students the opportunity for ownership and control over aspects of the programmes developed, allowing for appropriate decision making and personal growth from success and failure.

In the Seven-day cycle, the students will receive instruction in four times; they are expected to be prepared to participate in every class. (a functioning microphone and camera)

*Participation will be based on sportsmanship (behavior befitting the situation), attitude, effort, punctuality and uniform. All students are expected to participate in all classes and submit materials on time. Classes may consist of lecture format; full, large or small group discussion, group or individual presentations.

To be excused, **a medical note is required at the time of class.

Evaluation:

The first & second terms will be worth equal amounts, 50% each. Material completed over the entire year, but completed in the final term, will be included in the term two results.

On-Line Learning:

All lectures and class sessions will be delivered using the MS-Teams platform.

- Students will be expected to be on time for all class sessions.
- Students will be expected to have a functioning camera and microphone on their device for all sessions.
- The course is interactive and class participation will be expected and evaluated.
- Recording of any portion of the class, instructor or student, is prohibited.
- Materials will be submitted electronically using the Mozaik Portal or MS-Teams, depending on the teacher's instruction.
- All assignments are to be submitted on time. Material or assignments submitted late will be subject to a penalty of up to 20% of the assignment per day.

Course material at a glance:

Unit One: Sports Administration -

The majority of this unit is spent dealing with “behind the scene” issues;

- Tournament schedules:
 1. Extended tourneys (ladder, pyramid type)
 2. Assigned tourneys (round robin, single elimination with or without consolation side, double elimination).
- Ticket sale, fund raising, canteen, sponsors
- Officials, minor officials (score keepers), security
- League game and officials and scheduling
- Transportation
- Facilities and equipment acquisition and repair
- Budget
- Medical

Unit Two: Leadership Theory -

- Defined: Leadership is the ability to intentionally provide positive influences on the lives and behaviors of others. The leader should possess qualities that are sought after and admired by followers. A leader must initiate an activity, under the group’s needs, and carry the activity through to completion.
- Characteristics of a leader
- Types of Leadership; Autocratic, Democratic, Laissez-faire
- Leadership roles
- Characteristics of those that we lead
- What it takes to be a leader; C.A.M.P. Cooperation, attitude, maturity, preparation
- Communication; (types) verbal, non-verbal, electronic, symbols, written

Unit Three: Teaching “Theory” -

- What is teaching
- Steps to ensure that learning does occur
- The lesson; lesson plan development and design
- Practical teaching: unit/ lesson/ Micro-component of a lesson
- Coaching theory I and II a requirement of this course

Unit Four: Officiating -

- Fundamental aim of sports officiating
- Essential ingredients for effective officiating
- Qualities of a competent official

Unit Five: Coaching -

This unit leads mostly to class discussions, evaluations, surveys, and case -studies. A coach must organize a personal philosophy of coaching and determine the best way to conduct the program.

- Role of coach
- Types of coaches
- Ethics in coaching

Unit Six: Sports Medicine – (optional: time and resource restricted)

This unit will take the students through the evaluation of a large variety of athletic injuries as well as different types of treatment. It puts a great deal of emphasis on anatomy, physiology and biochemical knowledge, not to mention previously learned material from this course. i.e. sport psychology, etc.

Course: Adv. Physical Education: Leadership & Leisure Studies

Teacher: Mr. Bateman Room: 115/102/118/119

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Texts/workbooks: _____

Course description: The aim of this course is to develop the cognitive, psychomotor, and affective domains of each learner, to the maximum of his/her potential through a variety of activities, situations and experiences. (To develop dynamic and confident leaders.)

The competencies through which evaluation will be applied are as follows.

Competency 1 - Students must demonstrate a theoretical understanding of leadership concepts and principles in a physical education environment.

Competency 2 - Students will demonstrate an ability to apply leadership concepts and principles in different physical activity settings and situations.

Competency 3 - Students should understand and adopt a healthy, active lifestyle.

Remediation Schedule	
Days: 1 & 6	Time: Lunch
I will be available on days 1 and 6 at lunch in the New Gym office.	

Parent Signature: _____

Student Signature: _____

Important note to students and parents/guardians regarding course outlines: Due to COVID-19, there are many unknowns as to how the 2020-21 school year will unfold. Please note that the information on this outline may need to be modified as the year progresses. Rest assured that any changes made will be done so to reflect what we feel is best to maximize students' success.