

ROYAL WEST ACADEMY
COURSE OUTLINE & EVALUATION
ADV. PHYSICAL EDUCATION:
LEADERSHIP & LEISURE STUDIES
54-01/54-02

Teacher: Mr. J. Bateman

Course Outline and Evaluation:

Aim:

The aim of this course is to develop the cognitive, psychomotor, and affective domains of each learner, to the maximum of his/her potential through a variety of activities, situations and experiences. (To develop dynamic and confident leaders.)

Goals:

- To increase the student's awareness of leadership skills and the need for competent leaders in our community.
- To study administrative and programming techniques, which will provide the student with the knowledge to successfully assume a leadership role in leisure environment.
- To assist students in the understanding of "effective leadership" and how to become better leaders.
- To learn to listen, communicate, evaluate, give and receive constructive feedback, handle conflict, organize self and programmes, study and practice qualities of effective leaders in leisure settings.
- To build greater self- confidence and self- esteem through the development of good communication and leadership skills.
- To increase the student's leadership capacities through experience and deliberate practice.
- To allow students the opportunity for ownership and control over aspects of the programmes developed, allowing for appropriate decision making and personal growth from success and failure.

In the Seven-day cycle, the students will receive instruction in four times; they are expected to be prepared to participate in every class. (a functioning microphone and camera)

*Participation will be based on sportsmanship (behavior befitting the situation), attitude, effort, punctuality and uniform. All students are expected to participate in all classes and submit materials on time. Material or assignments submitted late will be subject to a penalty of up to 20% of the assignment per day. Classes may consist of lecture format; full, large or small group discussion, group or individual presentations.

To be excused, **a medical note is required at the time of class.

Evaluation:

The first ~~term is worth 40% of the grade and the~~ second ~~terms will be~~ term is worth ~~equal amounts, 50%~~ ~~each~~ 60% of the grade. Material completed over the entire year, but completed in the final term, will be included in the term two results.

*The Beyond the Classroom component is worth a significant portion of your grade. It will be the responsibility of the student to adopt a programme where they will offer their assistance to the coach/group leader. The student is expected to keep a detailed diary or record of all the dates and activities they assisted with. The student will be evaluated on both their commitment to the programme as well as their ability to employ learned leadership skill. The assignment will be due 1 class cycle after the completion of the activity. The final due date for submission will be June 1st.

Gym Uniform: Students are expected to arrive to P.E. class wearing the proper gym uniform i.e. Royal West burgundy t-shirt, Royal West gray shorts, socks and proper footwear. Only RWA sweatshirts and sweatpants will be accepted for outdoor activities (other ECA tops & bottoms are acceptable). Students are not permitted to wear nylons, tights or long stockings during P.E. for hygienic reasons. Students must also have their hair tied back and jewelry is not permitted for safety reasons. Marks will be deducted for infractions of these rules.

Locks: Please purchase and use an additional lock to secure your belongings in the locker room during P.E. class.

Course material at a glance:

Unit One: Sports Administration -

The majority of this unit is spent dealing with “behind the scene” issues;

- Tournament schedules:
 1. Extended tourneys (ladder, pyramid type)
 2. Assigned tourneys (round robin, single elimination with or without consolation side, double elimination).
- Ticket sale, fund raising, canteen, sponsors
- Officials, minor officials (score keepers), security
- League game and officials and scheduling
- Transportation
- Facilities and equipment acquisition and repair
- Budget
- Medical

Unit Two: Leadership Theory -

- Defined: Leadership is the ability to intentionally provide positive influences on the lives and behaviors of others. The leader should possess qualities that are sought after and admired by followers. A leader must initiate an activity, under the group’s needs, and carry the activity through to completion.
- Characteristics of a leader
- Types of Leadership; Autocratic, Democratic, Laissez-faire
- Leadership roles
- Characteristics of those that we lead
- What it takes to be a leader; C.A.M.P. Cooperation, attitude, maturity, preparation
- Communication; (types) verbal, non-verbal, electronic, symbols, written

Unit Three: Teaching “Theory” -

- What is teaching
- Steps to ensure that learning does occur
- The lesson; lesson plan development and design
- Practical teaching: unit/ lesson/ Micro-component of a lesson
- Coaching theory I and II a requirement of this course

Unit Four: Officiating -

- Fundamental aim of sports officiating
- Essential ingredients for effective officiating
- Qualities of a competent official

Unit Five: Coaching -

This unit leads mostly to class discussions, evaluations, surveys, and case -studies. A coach must organize a personal philosophy of coaching and determine the best way to conduct the program.

- Role of coach
- Types of coaches
- Ethics in coaching

Unit Six: Sports Medicine – (optional: time and resource restricted)

This unit will take the students through the evaluation of a large variety of athletic injuries as well as different types of treatment. It puts a great deal of emphasis on anatomy, physiology and biochemical knowledge, not to mention previously learned material from this course. i.e. sport psychology, etc.

Course: Adv. Physical Education: Leadership & Leisure Studies

Teacher: Mr. Bateman Room: 115/102/118/119

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Texts/workbooks: _____

Course description: The aim of this course is to develop the cognitive, psychomotor, and affective domains of each learner, to the maximum of his/her potential through a variety of activities, situations and experiences. (To develop dynamic and confident leaders.)

The competencies through which evaluation will be applied are as follows.

Competency 1 - Students must demonstrate a theoretical understanding of leadership concepts and principles in a physical education environment.

Competency 2 - Students will demonstrate an ability to apply leadership concepts and principles in different physical activity settings and situations.

Competency 3 - Students should understand and adopt a healthy, active lifestyle.

Remediation Schedule	
Days: 1 & 5	Time: Lunch
I will be available on days 1 and 6 at lunch in the New Gym office.	

Parent Signature: _____

Student Signature: _____

Important note to students and parents/guardians regarding course outlines: Due to COVID-19, there are many unknowns as to how the 2021-22 school year will unfold. Please note that the information on this outline may need to be modified as the year progresses. Rest assured that any changes made will be done so to reflect what we feel is best to maximize students' success.