

# Royal West Academy

## Student Bulletin

Day  
04



All things are difficult  
before they are easy.

Thomas Fuller

### UPCOMING EVENTS

- **Sept 01-10** MINDPOP HOMEROOM
- **Sept 7** SEC 1 MEET THE TEACHER
- **Sept 10** COURSE CHANGE DEADLINE
- **Sept 14** OPEN HOUSE 17:00-20:00
- **Sept 15** LATE START 10:28
- **Sept 16** WELCOME BACK ASSEMBLIES
- **Sept 21** AWARDS CEREMONY 19:00-21:00

#### OPEN GYM **NEW!**

Open gym has started! This year, grade 7 and 8 students are scheduled on days 2, 4 and 6. Grades 9, 10 and 11 are scheduled on days 1, 3, 5 and 7. The locker rooms will not be open at lunch, therefore to participate you only need to change your shoes. Anyone 13 and over must show proof of vaccination to join this activity at lunch.

#### VOLLEYBALL **NEW!**

Practices for the week of September 6th:

Bantam girls are on Wednesday (boys' gym) and Friday (new gym)

Midget boys are on Tuesday (boys' gym) and Thursday (boys' gym)

Midget girls are on Wednesday (new gym) and Friday (new gym)

Juvy Girls and Juvy Boys are on Tuesday (new gym) and Thursday (new gym)

#### FEMINISM CLUB **NEW!**

Fem club is finally returning! If you want a safe space to discuss issues of importance to women, come join us Fridays at lunch in room 312, starting this week. Cultural credit offered. All genders welcome!

*Maya, Evelyn, Ms. Gehr and Mr. Dupuis.*

#### 2021-2022 YEARBOOK'S PHOENIX COVER **NEW!**

Every year, Royal West Academy's yearbook features a Phoenix on its front cover. As per tradition, the 2022 Yearbook committee is accepting submissions for original artwork of a Phoenix. The piece of art can either be hand drawn or created digitally. Please note that if the chosen artwork is not drawn on an 8"x11" paper, it may be scaled and/or resized. As well, only secondary 5 students are eligible. We will be accepting submissions up until September 30th. If participating, submit your artwork at [jfogel@emsb.qc.ca](mailto:jfogel@emsb.qc.ca). or give it in to Ms. Fogel in room 304. We can't wait to see what you guys come up with!!

*The yearbook committee*

#### LOOKING FOR SWIM TEAM COACHES **NEW!**

The Royal West Swim Team will be starting up again soon and I am looking for seasoned swimmers to be coaches. You must be in grade 10 or 11 and have an interest in a leadership opportunity. If interested, please come and pick up an application form from Room 305.

#### JUVENILE BOYS SOCCER **NEW!**

Correction to the Juvenile Boys Soccer tryouts. The tryouts will now take place on Thursday November 9th at 3:30 at Hodgkins Field. See you there.

## RWA Choir

If you are interested in joining the RWA Choir, please see Ms. Macleod in room 117 or send an email to [smacleod2@emsb.qc.ca](mailto:smacleod2@emsb.qc.ca). Choir is open to students in grades 7 to 11 and is mostly an *A Cappella* ensemble. Full rehearsals will be Wednesdays after school and skills practice for new singers will be Mondays at lunch.



Sept 07

## Power-Walking

With fall right around the corner, come enjoy the outdoors by walking through the Montreal West neighborhood. Sessions will take place every Thursdays afterschool from 3:10 to 4:00. ECA credits offered (community or sport). Sign-up sheet outside room 223 –near bulletin board/water fountain. First session begins September 9<sup>th</sup>. We will meet near the New Gym doors at 3:10. Ms. Di Pietro and Ms. Wineberg

## MINDFUL MOMENTS

Mindful Moments will resume on Monday, September 13.

Your support and encouragement to students by providing a mirror neuron for them would be greatly appreciated.

*MindPOPpers Cristina and Jan*

## CAFETERIA ENTRANCE

All students using the cafeteria at lunchtime should enter the cafeteria through the 1<sup>st</sup> floor hallway entrance. Please note that the staircase entrance is locked.

## ADMINISTRATORS

Ms. Catherine Lumsden: Students with the last name A-L

Mr. Steven Manstavich: Students with the last name M-Z

Principal: Angela Vaudry

## BANTAM BOYS SOCCER TRY-OUTS

Tuesday, Sept 7<sup>th</sup>, 3:10pm to 4:30pm, Front Field

Wednesday, Sept. 8<sup>th</sup>, 3:10pm to 4:30pm, Front Field

\*Please make sure you have signed up on the Try-out sheet posted in the new gym area.

## SCHOOL STORE

The school store will be open from 8:00AM – 8:30AM during the first week of school. After the first week, the store will be open three days per week, on **Tuesdays, Wednesdays, and Thursdays** during lunch.

We accept cash, cheques, and Debit!

RWA Home & School

## HOPS (GRADE 11)

The Hospital Opportunity Program for students is once again being offered in a different form to accommodate the current situation at the hospital. HOPS is an opportunity for students who are interested in, or who are considering a career in the field of medicine (doctor, nurse, specialist, and technician). This year due to restrictions, students will not be allowed to enter the hospital. The Jewish General Hospital Auxiliary has created projects for students that are related to the medical field. Students will spend once a week, (half day) working on the project in their respective school. Students will have to attend four mandatory evening lectures (virtually).

This is a very serious yet rewarding program. To be considered for the program, students must; be in grade 11, have an 85% average or above, and be taking Sciences courses. Please see Ms. Di Pietro in room 226 (west wing), for an application or more information before September 8th. Forms are due no later than September 9th. Ms. Di Pietro, Ms. Wineberg, and Mr. DuMond

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