

Royal West Academy Student Bulletin

Day
04



If human beings had genuine courage, they'd wear their costumes every day of the year, not just on Halloween.

Doug Coupland

UPCOMING EVENTS

- Oct 25-29 MindPop Ela
- OCT 29 Dress Down Day
- Nov 01 Board Ped Day
- Nov 03 Grad Photo Retakes
- Nov 05 PM Ped day
- Nov 09 Progress Report Due
- Nov 11 Remembrance Day Assemblies
- Nov 15- 18 Anti-Bullying week
- Nov 15 Foundation Meeting
- Nov 16 Progress Reports
Pink Shirt Day
- Nov 18 Parent- Teacher Interviews
- Nov 19 PED DAY
- Nov 22-26 MindPop Science
- Nov 24 Sec 1 Arts Rotation ends
- Nov 25 Sec 1 Arts Rotation begins

MIDGET BOYS **NEW!**

Midget Boys basketball practice on Tuesday, November 2nd @ 3:15 PM in the New Gym *Nov 02*

TERRY FOX EVENT **NEW!**

Congratulations to the grade 8 students that completed the Terry Fox Run. Together you raised \$7,509.00 to be donated to the Terry Fox Foundation for cancer research.

FEM CLUB **NEW!**

Fem club this week will be for **grades 7-8** in room 312 Friday at lunch. See you there! *Evelyn, Maya, Ms. Gehr and Mr. Dupuis*

⚽ JUVI GIRLS SOCCER TEAM ⚽ **NEW!**

Good morning everyone! We have our game today - Quarter Finals already!

We are meeting in the foyer fully dressed at 3:30 to get our bus to our game at 5pm in Stade Hebert (St-Leonard)

Excited to see y'all then!

Ms. Martin 🚌

DISCOVERY DAY IN HEALTH SCIENCES: (GRADE 10 AND 11) **NEW!**

The Canadian Medical Hall of Fame (CMHF), McGill University's Faculty of Medicine, and The Montreal Neurological Institute and Hospital, are pleased to invite selected students to attend **Discovery Day in Health Sciences on December 1st from 8:30 to 12:30 -virtually.**

Discovery Day is an exciting opportunity for students to discover and explore careers in medicine and Health Sciences. Students will benefit from an inspiring keynote lecture, a workshop, an interactive discussion with a panel of medical and health care professionals. Registration will be determined on a first-come, first-served basis. Please see Ms. Di Pietro (226 west wing office) or email at sdipietro@emsb.qc.ca if interested.

COMIC BOOK CLUB **NEW!**

Comic Book Club is meeting today after school in room 206. Come chill out and relax while you draw. All are welcome!



FLOOR HOCKEY REGISTRATION

Floor hockey registration is open starting on Thursday October 28 in the science room (next to room 302)

BANTAM GIRLS' SOCCER

Bantam girl's soccer practices this Thursday October 28 @ 3:10 Front Field.

DO YOU LIKE DOING VISUAL ARTS, DRAWINGS OR DIGITALLY?

Ever wanted to see your work used by a band? One of Mr. Dupuis's music projects is looking for artwork to use on their album cover, to be released shortly. The best submission will be chosen to represent the band digitally and potentially on merch. If interested in trying out, contact Mr Dupuis by email or go see him any time in room 315. Can't wait to see your work! Thanks

Mr. Dupuis

REMINDER- PE UNIFORM

Students are required to wear their PE uniform for PE class on dress down days. Even this one on Oct. 29th Thanks. PE Dept.

GRADE 7 BASKETBALL TRAINING PROGRAM

Starts this Thursday in the boy's gym at 7:30 am with Miss Rossi. Every other week will be on Friday mornings. Please see Mrs O'Neil for more information.

PUMPKINS! 🎃🎃🎃

If your homeroom would like a pumpkin, please send a student to Room 301 during homeroom to pick one up. Limited quantities act fast! These pumpkins were generously donated by the Rodger family via the Park n' Lot gardening club.

Ms. Partington

PARK N' LOT 🍂

Please note that our Spooky Garden party has been cancelled. Please see Google classroom for more details. *Ms. Partington*

MENTAL HEALTH CLUB

Are you interested in learning more about mental health and well-being? Promoting mental health awareness in a variety of ways? If so, you should join the Royal West Mental Health Club! It provides a supportive outlet for students to express their concerns, learn stress coping skills to improve their mental health, discuss topics related to self-care as well as promote awareness of issues related to mental health.

The club will be meeting on Fridays during lunch. If interested, please come see us in the Guidance department (room 225) or Ms. Dipietro (room 226) to sign up.

Ms. Wineberg and Mr. DuMond

MIDGET BOYS BASKETBALL

"Midget Boys basketball practice Thursday morning at 7:30 in New Gym"

SEC 3-5

The food appreciation club is still looking for some members. If you want to expand your knowledge and food literacy, enjoy cooking workshops, sharing recipes, and trying new foods, this club is for you! Please come by room 214 during lunch to find out more! There is a small survey that you will need to fill out and return!

Mr. Stewart

SKI/SNOWBOARD CLUB: GRADE 10 & 11

Attention skiers and snowboarders in grade 10 and 11! Mr. Zigby and Ms. Colannino are looking into organizing 4-night skiing outings from December to early March. If participating in one or more of these outings is something you would be interested in, please sign your name on the sheet outside office 224 in the second-floor west wing by Wednesday (near the water fountain). Please note that this is not an official sign up, but a way to see if there is general interest in moving forward with planning these outings as a lot of arrangements need to be made in advance. Let us know if you're interested! Note that this club cannot accommodate beginner skiers/snowboarders.

MIDGET GIRLS BASKETBALL

There will be a practice on Thursday October 28th afterschool from 3:00 pm to 4:30pm. Please make sure to eat a good lunch and stay hydrated throughout the day.

Ms. Chronopoulos October 28th:

HALLOWEEN CONTESTS ON FRIDAY OCT 29TH

The SLA will be giving out pizza lunches for the following:

- a) Best decorated homeroom
- b) Best dressed students from homeroom
- c) The overall best dressed student
- d) The best dressed teacher
- e) The best decorated pumpkins

Please note grade 7 home rooms can still participate even though they will be away on their trip!

SLA and J. Zigby



CURLING TEAM

HURRY! HARD!! Yes, it is that time again. If you are interested in trying out for the curling team, please sign up on the listed posted in the New Gym Area ASAP. There will be a meeting on Thursday, Oct. 28th in room 102 at lunch, 12:30. There will be forms to pick up, fill out and return before you will be allowed to take part in try-outs. *Jeff Bateman*

TABLE TENNIS

If you want to join table tennis, this is your chance. The Google Class code is **ddmk43k**, please fill in the survey so I can organize a schedule that will fit for everyone. All information about Table Tennis will go through Google Class from now on.

Mr. Girardin

BEEKEEPING

Two dates are available for the honey extraction workshop: Friday, October 29 and Wednesday, November 17. Both workshops will be from 3:15 to 4:15. A assignment/survey was posted in Google Class. Please fill it in by Monday, October 25 to tell me your preferred date. If you want to join the club, please see me in room 204.

Mr. Girardin

SCHOOL STORE

Mondays through Thursdays during lunch. We accept cash, cheques, and Debit!

RWA Home & School