

Royal West Academy

Student Bulletin

Day
05



If human beings had genuine courage, they'd wear their costumes every day of the year, not just on Halloween.

Doug Coupland

UPCOMING EVENTS

- Oct 25-29 MindPop Ela
- OCT 29 Dress Down Day
- Nov 01 Board Ped Day
- Nov 03 Grad Photo Retakes
- Nov 05 PM Ped day
- Nov 09 Progress Report Due
- Nov 11 Remembrance Day Assemblies
- Nov 15- 18 Anti-Bullying week
- Nov 15 Foundation Meeting
- Nov 16 Progress Reports
Pink Shirt Day
- Nov 18 Parent- Teacher Interviews
- Nov 19 PED DAY
- Nov 22-26 MindPop Science
- Nov 24 Sec 1 Arts Rotation ends
- Nov 25 Sec 1 Arts Rotation begins

JAZZ BAND IS ON! **NEW!**

First rehearsal Thursday, November 4th from 3:15-4:15.

THE JUVENILE BOYS SOCCER **NEW!**

The Juvenile Boys soccer team will be dismissed at 2:30 today for their quarter-final game against LCC. Good luck!

HALLYU DANCE (KOREAN WAVE) SCENE **NEW!**

Dance Show is looking for any students interested in participating in a Hallyu dance scene. If interested, please see Mr. Zigby in room 306 to sign up.

Mr. Zigby

HALLOWEEN DRESS DOWN DAY **NEW!**

Reminder that Friday October 29th will be a Halloween themed dress down day. Students who wish to participate must pay 2\$ otherwise they must come in uniform. All money raised will be donated to Médecins Sans Frontière (MSF).

Mr. Zigby and SLA

MIDGET BOYS **NEW!**

Midget Boys basketball practice on Tuesday, November 2nd @ 3:15 PM in the New Gym and **Thursday, Nov 4th @ 7:30 AM in New Gym.**

Nov 03

TERRY FOX EVENT

Congratulations to the grade 8 students that completed the Terry Fox Run. Together you raised \$7,509.00 to be donated to the Terry Fox Foundation for cancer research.

FEM CLUB

Fem club this week will be for **grades 7-8** in room 312 Friday at lunch. See you there! Evelyn, Maya, Ms. Gehr and Mr. Dupuis

DO YOU LIKE DOING VISUAL ARTS, DRAWINGS OR DIGITALLY?

Ever wanted to see your work used by a band? One of Mr. Dupuis's music projects is looking for artwork to use on their album cover, to be released shortly. The best submission will be chosen to represent the band digitally and potentially on merch. If interested in trying out, contact Mr Dupuis by email or go see him any time in room 315. Can't wait to see your work! Thanks

Mr. Dupuis



DISCOVERY DAY IN HEALTH SCIENCES: (GRADE 10 AND 11)

The Canadian Medical Hall of Fame (CMHF), McGill University's Faculty of Medicine, and The Montreal Neurological Institute and Hospital, are pleased to invite selected students to attend **Discovery Day in Health Sciences on December 1st from 8:30 to 12:30 -virtually.**

Discovery Day is an exciting opportunity for students to discover and explore careers in medicine and Health Sciences. Students will benefit from an inspiring keynote lecture, a workshop, an interactive discussion with a panel of medical and health care professionals. Registration will be determined on a first-come, first-served basis. Please see Ms. Di Pietro (226 west wing office) or email at sdipietro@emsb.qc.ca if interested.

REMINDER- PE UNIFORM

Students are required to wear their PE uniform for PE class on dress down days. Even this one on Oct. 29th Thanks. PE Dept.

MENTAL HEALTH CLUB

Are you interested in learning more about mental health and well-being? Promoting mental health awareness in a variety of ways? If so, you should join the Royal West Mental Health Club! It provides a supportive outlet for students to express their concerns, learn stress coping skills to improve their mental health, discuss topics related to self-care as well as promote awareness of issues related to mental health.

The club will be meeting on Fridays during lunch. If interested, please come see us in the Guidance department (room 225) or Ms. Dipietro (room 226) to sign up.

Ms. Wineberg and Mr. DuMond

SEC 3-5

The food appreciation club is still looking for some members. If you want to expand your knowledge and food literacy, enjoy cooking workshops, sharing recipes, and trying new foods, this club is for you! Please come by room 214 during lunch to find out more! There is a small survey that you will need to fill out and return!

Mr. Stewart

HALLOWEEN CONTESTS ON FRIDAY OCT 29TH

The SLA will be giving out pizza lunches for the following:

- a) Best decorated homeroom
- b) Best dressed students from homeroom
- c) The overall best dressed student
- d) The best dressed teacher
- e) The best decorated pumpkins

Please note grade 7 home rooms can still participate even though they will be away on their trip!

SLA and J. Zigby

SCHOOL STORE

Mondays through Thursdays during lunch. We accept cash, cheques, and Debit!

RWA Home & School