

Course: **Grade 9 Physical Education**

Teacher: Mrs. O'Neil

Room: 114

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Texts/workbooks:

Course description: Physical Education is the opportunity for students to learn, develop and improve skills. Students will participate in both team and individual activities throughout the year 3 out of 7 days.

	TERM 1 (20%)	
<p><i>Competencies Targeted</i></p> <p>Competency 1 = Performs movement skills in different physical activity settings.</p> <p>Competency 2 = Interacts with others in different physical activity settings.</p> <p>Competency 3 = Adopts a healthy, active lifestyle.</p>	<p><i>Evaluation Methods</i></p> <p>Participation, game evaluation, individual skill assessment, quizzes, fitness testing</p>	<p><i>Timeline</i></p> <p>Every class</p>
	TERM 2 (20%)	
<p>Competency 1 = Performs movement skills in different physical activity settings.</p> <p>Competency 2 = Interacts with others in different physical activity settings.</p> <p>Competency 3 = Adopts a healthy, active lifestyle.</p>	<p>Participation, game evaluation, individual skill assessment, quizzes, fitness testing</p>	<p>Every class</p>
	TERM 2 (60%)	
<p>Competency 1 = Performs movement skills in different physical activity settings.</p> <p>Competency 2 = Interacts with others in different physical activity settings.</p> <p>Competency 3 = Adopts a healthy, active lifestyle.</p>	<p>Participation, game evaluation, individual skill assessment, quizzes, fitness testing</p>	<p>Every class</p>

**END OF YEAR RESULTS**

END OF YEAR RESULT								
Term 1 20%	+	Term 2 20%		Term 2 60%	=	100%		

Additional Information / Specifications
<ul style="list-style-type: none"> <li>All students are expected to participate in all classes. Please provide a medical note for absences due to injury.</li> <li>Students should arrive to P.E. class wearing the proper gym uniform – Royal West burgundy t-shirt, Royal West grey or blue shorts, white socks and athletic footwear. Athletic footwear needs to have laces, slip-on shoes are not acceptable. Nylons and tights are not permitted. The regular Phys Ed uniform must be worn on Dress Down Days.</li> <li>Hair must be properly secured. No jewellery.</li> <li>Only RWA sweatshirts and sweatpants, including ECA apparel, are permitted for outdoor classes.</li> <li>No eating, nor chewing gum in the gym.</li> <li>Please purchase and use a lock to secure your belongings in the locker room during P.E.class.</li> <li>Failure to comply with the above listed specifications will be reflected in the student’s mark.</li> </ul>

Remediation Schedule	
Day	Time
I will be available on days 2 and 4 at lunch in the New Gym office.	

Parent Signature: \_\_\_\_\_

Student Signature: \_\_\_\_\_