

Royal West Academy

Student Bulletin

ABORIGINAL PEOPLES INVENTED
PEMMICAN
 THE CONTINENT'S **1ST** ENERGY BAR!



—AND LATER SHARED THE FOOD
 WITH **EUROPEAN SETTLERS**

HOW'S THAT FOR A **FREE-RANGE,**
ORGANIC, GLUTEN-FREE HEALTH SNACK?

UPCOMING EVENTS

- September 30 - Orange Shirt Day
- October 3 - Ped Day
- October 5 - Sec 1 parent seminar
- October 10 - Holiday
- October 12 - PSAT
- October 14 - Ped Day
- October 19 - Sec 3 EMSB Education and Career Fair
- October 20 - Sec 1-3 Reading assessment

National Truth and Reconciliation Week (September 26-30)

NEW!

Yearbook 2022-2023

Yearbook 2022-2023 is on Instagram!!! Follow @rwa.yearbook2023 and help us record your school year!

All announcements will be going up on Instagram and in the school bulletin and we want your input: DM us with pictures of you and your friends, give suggestions, participate in polls and more!

Your yearbook is one of the best ways to look back upon your school year. This is your year, make it the most memorable one!

NEW!

JB Flag Football

Reminder that our early dismissal is at 2:45 today (Tuesday September 27th). Please meet near the new gym office by 2:55 pm ready to play.

NEW!

ONCE UPON A TIME IN THE ENCHANTED WEST WING: **SAMOSAS**. Coming this Wednesday recess and lunch time. \$1.75 each. 2 for \$3.25. (Inflation, duh)

- K. Cukier

NEW!

Karate Club Tomorrow!

Tomorrow (Wednesday September 28th) will be the first meeting for the karate club. We will be meeting in the memorial gym (Boys Gym) after school! Looking forward to seeing you all.

- A. Wiltzer

NEW!

Bantam Girls Basketball

First tryout for all grade 7 girls is on Thursday September 29 in the Memorial Gym. The second tryout is on Friday September 30th at 7:30 in the Foundation Gym.

WELLNESS CLUB

Our **first meeting is this Thursday September 29th @ lunch in room 215**. Still a few spaces left, if you are interested please join us for the meeting on Thursday. This club is open to Secondary 3-4 and 5 students who have an interest in promoting wellness and awareness on mental health. Together we'll be brainstorming ways to educate and inspire our school community. Looking forward to seeing you then! For more info, please see Ms. Wineberg (225), Ms. Di Pietro (226) or Ms. Trehin (112B).

Grad 2023 Group Photo

The outdoor group photo for all grade 11 students will take place on Thursday September 29th at the end of period 2 weather permitting. All students will assemble on the front field for the photo at 10:15.

- Yearbook Committee

PSAT'S-Grade 11 Students

Thinking of applying to an American university? Want to practice writing the SATs? Then the PSATs are for you! Please come by our office to sign up or get more information. Cost is \$37 CAD. Deadline to sign up: **October 5th, 2022.**
- Mr. DuMond and Ms. Wineberg (Guidance Department)

Grad chocolates

More chocolates will be available to pick up on Tuesday morning from 8:15 - until the end of homeroom.

INDIA EXCHANGE: Please note that our first India Exchange meeting will be held on Wednesday, September 28 at 12:30pm in room 311. You can bring your lunch to the meeting. Mr. D.

Variety Show

Do you have a talent that you've been dying to share with the world? Have you been sitting on an untapped ability? Come join this year's unforgettable Variety Show! We are looking for all types of acts! If you are interested in auditioning here is what you need to do. Sign-up sheet will be located outside room 224 (bulletin board). Looking forward to seeing all the talent! Good luck! Auditions will be held afterschool on Monday October 17th -in the music room 117

Cross-Country Running

Just a reminder that there will be practice on Wednesday September 28th and Thursday September 29th afterschool. See you all there!!!

YOGA ECA at School

Move, stretch, and unwind with a series of yoga sessions led by an amazing experienced instructor. All skill levels welcome. In-person sessions will be 1 hour on Mondays and Thursdays after school, starting in October. To get more information and to sign up for the limited number of spaces, please sign up to our Google Classroom (code: hm4cbpk) AND attend an information meeting Wednesday Sept. 28 in room 113 at 12:30. <https://classroom.google.com/c/NTQ3OTcxNjM3Njk1?cjc=hm4cbpk>

Sec 2-3 Midget boys basketball:

If you missed the first tryouts, please come to the boys gym at lunch on September 28th.

Peace Walk Sept.30th

Mark your calendars for **Friday September 30th** and join our **Peace Walk for Orange Shirt Day**. Join us on this day @ lunch for a solemn walk around our school community, in an effort to offer our positive thoughts of peace, comfort and love for all. Stay tuned for more details!

International Development Guest Speaker

Are you interested in **international development and cooperation**? Want to learn about educational projects in Latin America? Considering a career in international diplomacy or related fields? Guest speaker Odette Langlais is coming to talk to Contemporary World students, members of the Social Justice Club and other interested students about her experiences working with international organizations including the Canadian International Development Agency, Save the Children, and the United Nations Association of Canada, with a focus on education. She will be here on **Tuesday, Sept. 27 at lunch in Room 211**. Interested students should come sign up in Room 211 ASAP, as spaces will be limited. – Ms. Holloway

Bonne  Journée