

# Royal West Academy

## Student Bulletin

BE THE

best  
VERSION  
OF you

### UPCOMING EVENTS

- *September 9 - Deadline for Course Change & Welcome Back BBQ*
- *September 14 - Welcome Back Assemblies*
- *September 15 - STM Photos*
- *September 16 - Ped Day*
- *September 15 - OpenHouse*
- *September 19 - ID photo retakes*
- *September 20 - ECA Fair*
- *September 22 - Car Free Day*

NEW!

### **TEA CLUB/TEA CLUB**

Secondary 4 and 5 students

Every Tuesday at 8am there will be a tea club in room 108. We will taste a variety of teas that come from all over the world. On the occasion, we will have short presentations on how to make tea, the origin of different teas and the impacts on the environment. If you attend at least 10 games, you will have a cultural credit! Starts September 13

- Esmé DeBono-Fine, Veronica Chneerov and Mrs. Moreau

NEW!

### **Reminder: Bike Club**

We will be having a short meeting in Room 301 on Thursday September 8th at lunch to discuss this year's bike club and to hand out permission slips. Newcomers are welcome! Please note that this is a different club than the "Bike to School" club. We go on bike rides after school. Also note that we are working on better names for these clubs so there is less confusion.

NEW!

### **RWA Choir**

If you are interested in auditioning for the RWA Choir, please email Ms. Macleod at [smacleod2@emsb.qc.ca](mailto:smacleod2@emsb.qc.ca) to schedule your audition. The RWA choir is open to students in grades 7 to 11 and is mostly an *a cappella* ensemble which sings in multiple parts harmony. Rehearsals will be Wednesdays after school from 3:15-4:30pm. Our first full rehearsal will take place Wednesday, September 21st. Returning members, please check Teams and let me know if you would like to remain in choir this year and if you would like to prepare something for Open House on September 15th. Thank you!

NEW!

### **MATH COMPETITIONS CLUB (2022-23)**

**Lovelace, Turing, Gauss, Noether, Fermat and YOU... What do you have in common? Come find out by joining the Math Competitions Club!** Share math strategies to tackle the Canadian mathematics competitions!!! AND *Earn your cultural credit by attending 10 lunch sessions.* Come attend the information meeting on **Wednesday, Sept.14th @ LUNCH in Rm 201. Ms. Abraham**

NEW!

### **DIY Club**

Any Grade 9-10-11 students interested in learning how to make pickles, jams, sauces, and other homemade loveliness are invited to room 212 at the start of lunch today (Wednesday Sept 7th).

NEW!

### **PostcART Club**

Join the postcART club where we make art in the form of postcards with heartfelt messages. All cards will be given to children at the Montreal Children's Hospital. Sign-up sheet outside room 224. Session will start Monday September 19<sup>th</sup> in room 210 (during lunch). We are looking forward to seeing everyone!

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**NEW!****Juvenile Boys Volleyball Tryouts**

Do you like *Haikyu!*? You can experience it live! Following a flawless season, our school became the current top-division GMAA volleyball champion and the boys team is looking to recruit new players who can help it defend its title. Tryouts are this **Friday, September 9, in the double gym, 3:15PM-5:30PM**. Open for grade 9-10-11 students. There will be a registration sheet in front of the new gym. For more information, please contact the team captains Phoenix Trew and Isaac Sadowy.

**NEW!****Club de crochet**

Avis à tous les élèves et membres du personnel qui veulent apprendre à crocheter.

Venez apprendre à faire de petits projets ou participer à un projet communautaire d'envergure!

Tous les jours 2 à 12h30 dans la salle 110.

Assistez à 8 cours et obtenez un crédit culturel / communautaire.

Début de la première session intensive: le mardi 13 septembre 2022.

Mme Moreau et Mme Roy

**NEW!****Xcountry running**

For all runners, our first practice will take place tomorrow, Wednesday, September 7<sup>th</sup> after school. Meet us by the New/ Foundation Gym Entrance ready to run outside rain or shine! This sport credit is available to everyone, no tryouts needed. You still have time to sign up and join. Bring a friend. If you have any questions come to room 210 for more information.

**NEW!****Midget boys flag football tryouts**

Tryouts for the midget boys (Grade 7 and 8) flag football team will be held on Wednesday September 7<sup>th</sup> after school in the front field. Bring your cleats !

**ATTENTION ALL GRADE 7 STUDENTS**

Are you interested in an enjoyable way to meet new people, have fun, and earn an extra-curricular credit as well? If so then this is your lucky day! Simply sign up for the 27th annual RWA "Walk & Talk" group. This group will meet for 10 consecutive weeks, have lunch together outside and then go for a brisk walk in the community during the lunch hour. Games will be played and yes, there will even be prizes awarded as well. All this and you will also earn a cultural or community ECA credit! In order to join in the fun all you have to do is sign up on the sheets on the bulletin board on the main floor outside room 208 (right above the water fountain). You can choose whether you want to participate on either Tuesday or Wednesday, however space is limited to the first 40 students who sign up for each day - so don't delay

H. Held - Student Services

**Bike to school**

Registration for the activity Bike to school is in the science room (next to room 302) during recess and lunch.

Mr. Ohayon

**Power-Walking**

With fall right around the corner, come enjoy the outdoors by walking through the Montreal West neighborhood. Sessions will take place every Tuesday afterschool from 3:10 to 4:00. ECA credits offered (community or sport). Sign-up sheet outside room 224 -near bulletin board/water fountain. First session begins September 13<sup>th</sup>. We will meet near the New Gym doors at 3:10.

Ms. Di Pietro and Ms. Wineberg

**BOULDERING CLUB:**

Sec 2-5: Bouldering ECA will meet in room 214 on day 5 from 12:30-12:50.

**Attention all New Students in Sec 2 to 5**

Welcome to RWA! As part of your welcome, we would love to get a chance to meet all of you and hear about your first week at our school. Please come to room 210 at the beginning of lunch on **Thursday, September 8<sup>th</sup>**. Feel free to bring your lunch.

Ms. Wineberg

**SWIM TEAM COACHES**

If you are a grade 10 or 11 student with swim experience and an interest in being one of our RWA Swim Team coaches this year, please come to Room 305 to pick up an application form. Deadline to submit your candidacy is this **Friday, September 9<sup>th</sup>**.

**JUVENILE BOYS SOCCER**

First Tryouts for the Juvenile Boy's soccer team will be held Wednesday September 7<sup>th</sup> after school at 3:30 at Hodgson's Field.



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**POTTERY MAKING**

Sec 3-5: If you're interested in making pottery, come by room 214 on day 5 at 12:50 for more information.

**GIRLS JUVENILE SOCCER**

Tryouts will be Wednesday September 7th from 7:15 to 8:15 am on the front field and Thursday September 8th from 7:15 to 8:15 am on the back field. Please be present for both tryout sessions

**DEBATE TEAM**

An information session will be held for students interested in learning about the RWA Debate Team on Friday, Sept. 9 at lunch in Room 211. Please arrive on time with your lunch, as seating is often limited. Debating is open to all grades and offers 1 cultural credit for participants. See you there! -Ms. Holloway

**OPERA**

Every year, the Opéra de Montréal presents a program to schools that encourages students from **secondary 4 and 5** to attend several shows from the annual Opera repertoire at Place des Arts. This is a unique chance to see these masterpieces as part of the ECA program. It is also a great way to enjoy an evening out with friends, outside of school. Over the years, students from different schools have had outstanding opportunities to see famous opera performances. If you want to enjoy a multi-sensory experience, to see flamboyant costumes, listen to powerful voices and dramatic stories, why not try the Opera? This activity is absolutely **FREE** of charge. The only thing that is required is a LOVE for music... The first show is called **Il Trovatore by Verdi**. It is coming very soon, on **Thursday September 8th**. I am sorry for the late announcement but I just received confirmation from the Opera de Montréal yesterday. Although it is a free activity, seats must be reserved in advance and there are a limited number of tickets that will be granted on a **FIRST COME FIRST SERVE BASIS**. If you are interested in taking part in this ECA, please drop by to Mme Benamron's room: Room 112 where you can sign up at the door and also pick up a parental permission form.

- Mme C. Benamron (112)

**CAMP LIFT - Grade 7-8**

Camp LIFT is a non-profit organization that promotes healthy lifestyle habits. The Lift Workshop focuses on physical and mental health. It's an 10-week interactive program involving stress management, movement, nutrition, conflict resolution, values, procrastination and overall wellness. Sessions will take place after school for grade 7 and 8. Each week will encompass a different theme based on cutting- edge scientific research, as well as mindfulness. Please sign-up outside room 224 if interested (bulletin board). First session will take place afterschool on October 5th in room 210. For more info. please see Ms. Di Pietro in room 226 (west wing office). ECA credit offered.

**STUDENT WASHROOM RENOVATIONS**

RWA is undertaking a significant renovation project impacting student washrooms. Locations for girls' washrooms and boys' washrooms can be found in the table below.

Please note that during these renovations, the All-Gender washroom will be a Girls-Only washroom. If you prefer an all- gender washroom, please speak to Guidance in room 225.

<b>GIRLS' BATHROOMS</b>	<b>BOYS' BATHROOMS</b>
2 <sup>ND</sup> FLOOR WEST WING	2 <sup>ND</sup> FLOOR MAIN (ACROSS FROM 202)
3 <sup>RD</sup> FLOOR MAIN (ACROSS FROM 306)	WEST WING PARKING LOT PORTABLE
FOUNDATION (NEW) GYM LOCKER ROOM	FOUNDATION (NEW) GYM LOCKER ROOM

