

Royal West Academy

Student Bulletin

UPCOMING EVENTS

- November 11- Remembrance Day assemblies
- November 14 - Blue shirt day
- November 15 - Report card issued
- November 17 - Parent-Teacher night
- November 18 - Ped Day
- November 21 - 25 - MindPop Science
- November 24 - Sec 1 Arts rotation ends
- November 25 - Sec 1 Arts Rotation begins



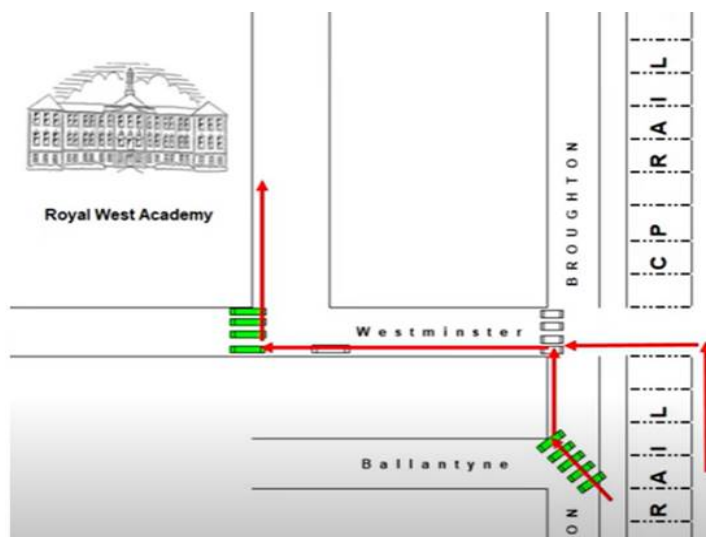
Invisible diseases still leave visible scars

People living with Type 1 Diabetes are... 5x more likely to suffer from depression, 3x more likely to attempt suicide, 1.5x more likely to develop eating disorders. 10% of females with T1D suffer from eating disorders

NEW!

IMPORTANT Announcement

Due to the construction on Westminster, safe pedestrian crossing is even more important. RWA received a reminder from the local police that **students will receive tickets if they are caught crossing anywhere other than at a designated pedestrian crossing**. A second reminder from the police is to **cross Westminster at Ainslie South in the morning NOT at Broughton** (see diagram). Please be vigilant, cautious, and respectful.



NEW!

SET BUILDING- ECA opportunity!!

If you are interested in getting involved in set building and helping out with the RWA musical, please sign up on the sheet posted outside room 216, near the Musical Bulletin Board. See Mr. Bateman for details.

Bathrooms

We have great news. The renovation of the girls' washrooms on the second and third floors have been completed. As a result, we are returning to the original designation for all washrooms on the second and third floors.

- The newly renovated washrooms near room 208 and 309 are now for female students once again.
- The washroom previously designated for girls on the third floor next to room 304 is once again for male students.
- The washroom in the second-floor west wing will return to being an all-gender washroom.
- The portable outdoor washrooms have been removed.

We thank all our students for their patience as these important improvements to our building are made.

Volleyball Champions

Huge congratulations to the GMAA Juvenile Boys Volleyball 2022-2023 Champions. The team outperformed the opponents in every aspect of the game, despite the fact that they were missing one of the captains due to injury (Phoenix Trew).

MVP: Isaac Sadowy (captain) led the team by not only receiving and defending very well, but also managed to score in key moments, including the last championship point

CONGRATULATIONS to Bantam Soccer!!

- On Friday Night the RWA Bantam Boys Won the GMAA championship defeating Beaconsfield High School 2-1.
- On Saturday the RWA Bantam Girls placed second, dropping a heart-breaker to LCC 2-1 at Terra Cotta Park in the GMAA Soccer Championship Show Case tournament.

An incredible season by both groups, playing outstanding soccer all season long and demonstrating sportsmanship and integrity both on and off the pitch.

A big thanks to the student-coached for both groups: Julliette Bulot & Jonah Blant with the Boys. And Emma Pierantozzi & Jewel Tilner with the Girls. Your impact on these athletes will be felt for years to come.

- J. Bateman

GRADE 8 LEVEL SKI TRIP SIGN UP DEADLINE Nov. 30

All Grade 8 students who not signed up for the GRADE LEVEL SKI TRIP are reminded that the deadline to sign up is fast approaching, Wednesday, November 30. Please sign up online at www.rodroy.com/rwa8.

Please feel free to see Mr. Vamvakas (Rm 205) if you have any questions.

Plant Club

Plant Club is starting back up again! If you have a green thumb or are interested in learning about plant growth sign up on the door of room 314. Meetings will be at lunch and an environment credit will be offered. Open to all grades!

Blue Shirt Day on Monday

This Monday, Nov. 14th, RWA challenges Diabetes!!! In honor of World Diabetes Day, come to school in a blue shirt to show solidarity to the teenagers struggling with Type 1 Diabetes. Cost to wear blue is 2\$. Money will be going to IChallengeDiabetes, an organization that supports, mentors, and empowers teens and children with T1D.

Grads 2023

Reminder: Submit your grad bios

The deadline is November 25th.

https://docs.google.com/forms/d/e/1FAIpQLScadwPu0e44W-q99vC4n3EqReKqqwMrRIZkxo-X4h7CWNPcwA/viewform?usp=sf_link

- Yearbook Committee

Veterans' Week @ RWA:

- **November 1-11 - Poppies available** in main office and with SLA
- **Thursday November 10th & 11th – *The Dieppe Exhibit* (in main foyer/All are welcome)** In honor of the 80th Anniversary of Dieppe, RWA Staff and students are invited to explore a historical travelling exhibition: *Courage in Chaos: The Dieppe Story*. Come meet members of the Royal Montreal Regiment Foundation ([Le Me Souviens](#)) for interactive guided tours of the Dieppe exhibit during lunch on Nov.10 & 11.
- **Friday November 11th – *Remembrance Video Presentation* (Period 3 – All Grades)** On the 11th day period 3, Royal West Academy will participate in a solemn Remembrance and Reflection presentation to honor our Veterans, Members of the Canadian Armed Forces, our hope for global peace and a moment of silence.

Bonne Journée 