

Royal West Academy

Student Bulletin

DIABETES



UPCOMING EVENTS

- *November 17 - Parent-Teacher night*
- *November 18 - Ped Day*
- *November 21 - 25 - MindPop Science*
- *November 24 - Sec 1 Arts rotation ends*
- *November 25 - Sec 1 Arts Rotation begins*
- *December 2 - Board Ped day*
- *December 5-9 - Tyndale Week*
- *December 7-9 - Black out Days*

Symptoms : Symptoms may include frequent urination, excessive thirst or hunger, and weight changes

NEW!

Juvenile Girls Futsal Tryouts (Sec 3-5)

Do you have soft feet? Can you dance with a soccer ball? Are you speedy? RWA wants to enter a Juvenile Girls Futsal Team into the highest division at GMAA. Complete the sign-up sheet outside of Foundation Gym then come show your skills. Tryouts are Monday Nov 21st and Wed Nov 23rd from 7am-8:15am in Foundation Gym. See Ms. Lumsden if you have any question.

NEW!

Sec 1 Art Rotation

As of Nov 25th, your Arts class will be at the same time in your schedule but you will go to a **different classroom** to do a **different subject** with a **different teacher**. Follow the rotation below (if you don't know which section you are in, please ask your current teacher).

MUSIC Section 01 with Ms. Macleod is moving to ART with Ms. Suarez in room 113.
 MUSIC Section 02 with Ms. Macleod is moving to DRAMA with Ms. Kuch in room 216.
 DRAMA Section 03 with Ms. Amro is moving to MUSIC with Ms. Macleod in room 102.
 DRAMA Section 06 with Ms. Kuch is moving to ART with Ms. Suarez in room 113.
 ART Section 04 with Ms. Suarez is moving to DRAMA with Ms. Amro in room 209.
 ART Section 05 with Ms. Suarez is moving to MUSIC with Ms. Macleod in room 102.

NEW!

Grad Chocolates

Grads - your chocolate money is due this Thursday November 17th. Please bring it to homeroom 102.

NEW!

TCBY

The last TCBY sale will be Thursday November 17th at lunch and after school. Cost is \$2.75. Support Grads and enjoy a yummy snack.

NEW!

Track and Field

Just a reminder that track practice will take place today afterschool -outdoors. Dress warmly for the weather. Next practice will be held Monday afterschool in the boys gym.

O my Luve i**S** like **A**, red, red rose
That's newly sprung in June;
O my Luve is like the **M**elody
That's sweetly played in tune.

So fair art thou, my b**O**nnie lass,
So deep in luve am I;
And I will luve thee **S**till, my dear,
Till a' the seas g**A**ng* dry.

**gone in Scottish*

West Wing, Wednesday Recess and Early Lunch

GRADE 8 LEVEL SKI TRIP SIGN UP DEADLINE Nov. 30

All Grade 8 students who not signed up for the GRADE LEVEL SKI TRIP are reminded that the deadline to sign up is fast approaching, Wednesday, November 30. Please sign up online at www.rodroy.com/rwa8. Please feel free to see Mr. Vamvakas (Rm 205) if you have any questions.

LOST TRUMPET

If anybody has seen a trumpet case with the number #2443, please bring it to the office or to the music room. Thank you!

WELLNESS CLUB TO ALL RWA STUDENTS!!

Have you been feeling a bit blue or down lately?

The Wellness club wants to cheer you up with a “**Smiley Board**” posted on your homeroom door.

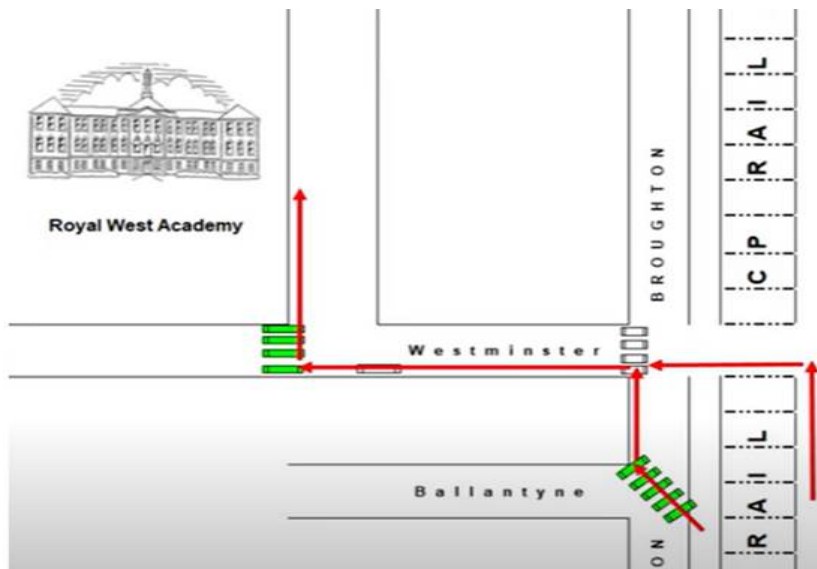
Please take a moment to write about anything that will brighten your day or put a smile on your face. It's a simple way to share and spread wellness :)

The Smiley board with the most positive messages wins a prize.

“There is always a reason to smile, you can find it!”

IMPORTANT Announcement

Due to the construction on Westminster, safe pedestrian crossing is even more important. RWA received a reminder from the local police that **students will receive tickets if they are caught crossing anywhere other than at a designated pedestrian crossing**. A second reminder from the police is to **cross Westminster at Ainslie South in the morning NOT at Broughton** (see diagram). Please be vigilant, cautious, and respectful.



Bonne  Journée