

Royal West Academy

Student Bulletin

We would like to acknowledge that Royal West Academy is located on unceded Indigenous lands. The Kanien'kehá:ka* Nation is recognized as the traditional custodians of Tiohtià:ke/Montréal*, which has long been a site of meeting and exchange for many First Nations and is currently home to diverse groups of Indigenous and other peoples. We are grateful to live, work, and learn here and recognize the important role of education in reconciliation. (and in maintaining connections between the past, present, and future.)

**If you are a little playful
with life, every moment is
a celebration.**

Sadhguru

UPCOMING EVENTS

- Sept 14 - STM Opus Photos
- Sept 19 - 21 - Guidance Visits to Sec. 1
- Sept 21 - International Peace Day
- Sept 21 - Open House
- Sept 22 - Car Free Day
- Sept 22 - Ped Day
- Sept 25-29 - MindPop French
- Sept 26 - Governing Board
- Sept 27-28 - Sec. 5 CEGEP Presentation

NEW!

Royal West Academy

OPUS Card Photo Schedule

When: Thursday, September 14th, 2023.

Where: Room 102

What you need:

➤ **If you are 12-13 YRS OLD**

- 1- Complete the application form. The form is available on the RWA website as well as at [the following link](#) and have it signed by parental authority.
- 2- Bring the above form, proof of age (Medicare Card, Passport, Permanent resident card) and exact change:
 - \$15 for a new card (1st time users and those whose card expires on Oct. 31, 2023)

➤ **If you are 14 YRS OLD or OVER**

- 1- Complete the application. The form is available on the RWA website as well as at [the following link](#) (parent does not have to sign form)
- 2- Bring proof of age ((Medicare Card, Passport, Permanent resident card or driver's license) and exact change:
 - \$15 for a new card (1st time users and those whose card expires on Oct. 31, 2023)

If you cannot attend on the day the STM will be there, other options are available:

Make an appointment at the STM photo studio (1755 Berri Street). Please note that you must make an appointment in advance. Book your appointment [at this link](#).

Apply for a new card by mail. Visit the STM website (www.stm.info/en/student) for more information on how to apply.

Photographs will be taken in alphabetical order. Students should present themselves, at the scheduled time in Room 102 with the exact change, signed application form and identification (proof of age i.e. medicare, birth certificate, student card, official copy of your timetable showing date of birth).

Time	Last name starts with:
8:45	A-B
9:10	C-D
9:40	E-G
10:05	H-J
10:45	K-L
11:10	M-N
11:40	O-P
12:05	Q-R
1:20	S-T
1:45	U-Z
2:15	Any remaining students who were unable to attend earlier.

NEW!

Mindful Moment

The mindful moment will begin Monday September 18th

GMAA Golf Tournament

Those who signed up and brought back their forms, please come to the Foundation Gym for a quick meeting at 12:30, today, Thursday September 14. There are important details to discuss. Thanks! Mr. Aiken

NEW!

The Haka (Hah-Kah, not Hay-Kay)

The Haka performed by the New Zealand All Blacks is one of the most well known elements of rugby culture. It is inspired by Maori (Indigenous New Zealand) ceremonial dances. In sports it takes the form of a challenge to the opponent. They are also performed when welcoming important guests, at weddings and funerals, or marking special occasions. There is not a single form. Schools, colleges, community associations, units of the New Zealand Defence Forces and sports teams among others all have their own haka.



NEW!

HOPS

HOPS forms are due. Please submit to Ms. Di Pietro ASAP.

NEW!

Park'n'Lot ECA

We need helpers to clean the garden for the fall and winter coming. If interested, we will meet on Wednesday, September 20th at 3:10 in the garden.

2023-2024 Cafeteria Meal Cards

Many students have now received their Meal Cards. **Please note that the following is included in a meal deal:**

- 1 Main Course (listed on the white board in the cafeteria daily)
- 1 Small Milk or Water
- 1 Dessert (Jell-O / Fruit Cup /Oatmeal-Raisin Cookie / Yogurt / Muffin)

The Meal Deal does not include the following:

- Juice Box
- Large Milk
- Rice Krispies Squares
- Chocolate Chip Cookies
- Oatmeal Galette

Please be prepared to choose your meal items quickly when you enter the cafeteria line. Please present your Meal Card at the cash register where it will be punched. Any lost or stolen cards will not be replaced by the school or the EMSB. Please keep them in a safe place.

Only students with a Meal Card benefit from a Meal Deal. Everyone else must pay for their food items individually. Meal Cards can be purchased by parents through the EMSB website. When we receive delivery of your Meal Card, you will be called to the office in homeroom.

Bon appetite!

Bus behavior:

A friendly reminder to all of our students who take the bus in the mornings or after school. Please remember that if you are sitting in a seat designated for people with mobility issues (ie handicapped, elderly, etc), it is your responsibility to ensure that you give up your seat to anyone who has mobility issues. We have received reports of students not giving up their seats. Please remember that you are expected to show positive behavior while on public transport. As well, if you have a bag and are standing on the bus, you should be placing your bag on the floor of the bus so as not to block the aisles. Thank you for your cooperation.

- RWA Admin”

Paint by Numbers club

Looking for a relaxing activity to do with friends during lunch while earning ECA credits? Sign up for the Paint by Numbers club in front of room 312. The Club will run every day 2 at lunch and is open to all students!

Junior Robotics (Grade 7 / 8)

Want to make new friends, learn all about coding and building robots, and have a ton of fun? Robotics is the club for you! There will be an information meeting on Monday, September 18th at 12:30 PM in Room 208. No experience necessary. Bring your lunch!

- Ms. Partington / Mr. Nemeth

Big Brother/Big Sister Program

The mentoring program provides boys and girls with a role model and friend they can talk to and share their experiences of growing up. If you are in grade 10-11 and interested in participating in the big brother/big sister program please see Ms. Di Pietro or email at sdipietro@emsb.qc.ca. Students will meet once a week during lunch. Make a difference in someone's life today! Ms. Di Pietro -226 west wing office –ECA credits offered

Seniors Robotics Club - (GRADE 9 - 10 - 11)

CRC Robotics club are looking for students who are interested in the following areas for the 2023-2024 school year:

- Robot building
- Programmers
- Website Designers
- Art displays
- Video Production

If you're interested, there will be an important meeting on Wednesday, Sept. 20th at 12:30p.m. in room 208. Bring your lunch!

- Mr. Nemeth

Lit Mag

Lit Mag is back and recruiting! We are looking for students to help either as: marketers, tech support, or as editors. Important things to consider: what gets published, what will our themes be, should we have more or less dad jokes in the morning bulletin? That's up to you do decide. Any interested Grade 9-10-11 students are invited to Room 212 at the start of lunch on Thursday the 15th. A cultural credit is available.

Open House Tour Guide meeting

If you volunteered with Ms Macleod to be a tour guide or greeter at next week's Open House, please come to a short meeting at the start of lunch period on Thursday, September 14th. We will meet in the memorial gym. Please bring your lunches to eat while you listen. The meeting will begin at 12:30 and should last 10-15 minutes. Many thanks to you all! Ms Macleod

HELP VICTIMS OF MOROCCAN EARTHQUAKE

The Social Justice Club will be in the foyer on Wednesday and Friday this week collecting donations to send to DOCTORS WITHOUT BORDERS for Moroccan Earthquake Victims. All amounts welcome.

Synchronized swimming SIGNUPS

If you love to swim but want to try something new, sign up for synchronized swimming! Sign ups are outside Room 305. When you sign up, make sure to come to the information meeting at the **beginning of lunch Friday, Sept. 15th in Room 305.**

Water polo SIGNUPS

Hi RWA, are you interested in a fun way to stay active? Come join the first ever water polo team at RWA. The more people interested the better since we will only be able to make this happen with a high number of willing players! Please sign up outside of Room 305 and come to 104 during homeroom if you have questions.

Bantam Soccer Try-outs:

Bantam Boys Try-out is Wednesday, September 13th & 14th on the front field starting at 3:10pm
The Bantam Girls next try-out will be Thursday, September 14th at 3:10 on the front field.

Swim team SIGNUPS!

It's now time to sign up if you are interested in joining the RWA Swim Team. Signups will be posted outside of the Foundation gym. Once you've signed up, please be prepared to come to a **mandatory** meeting **Wednesday, Sept. 20th at lunch in Room 305.** Please bring your lunch with you as the meeting will take around 30 min.

Grade 7 Walk & Talk Groups

The response has been overwhelming and all the places to sign up have been filled (and then some!). The groups will begin the week of Sept. 18th and run for 10 consecutive weeks at lunch time. Watch for an announcement in next week's student bulletin for all the exciting details of where and when we meet. See you then! H. Held - Student Services

Cross-Country Running

Please make sure to come pick up a form (room 226) if you were not at last practice. Next practice will be held Thursday September 14th afterschool. We will meet near the Foundation Gym doors. Just a reminder that forms are due at the latest September 12th.

Swim Team Coaches

The list of all those who have been selected as a swim team coach is UP outside Room 305. If your name is on the list, please come to a meeting Thursday, Sept. 14th at lunch in Room 305. The meeting will take about 20 min. so please come right at the beginning of lunch.