



Our Mindfullife.com

UPCOMING EVENTS

- Sept 19 21 Guidance Visits to Sec. 1
- Sept 21 International Peace Day
- Sept 21 Peace Walk
- Sept 21 Open House
- Sept 22 Car Free Day
- Sept 22 Ped Day
- Sept 25-29 MindPop French
- Sept 26 Governing Board
- Sept 27-28 Sec. 5 CEGEP Presentation

Peace Walk Sept.21st

Thursday September 21st is International Peace day! Mark your calendars for **Thursday September 21st** and join our **Peace Walk**. Join us on this day at lunch for a solemn walk around our school community, in an effort to offer our positive thoughts of peace, comfort and love for all and kickstart our Truth and Reconciliation week. Stay tuned for more details!

NEWI

NEWI

Junior Robotics (Grade 7 / 8)

This is a friendly reminder that the information meeting for junior robotics is today at 12:30 PM in Room 208. See you there!

- Ms. Partington / Mr. Nemeth

UPDATE Photo Packages

There has been a change in the process to order photo packages. The school will distribute proofs in the coming weeks containing a Portrait ID and an Access Code. This information will be required to place an order online. Orders can be sent directly to your home for an additional fee. Otherwise, orders will be distributed at school.

NEWI

Paint By Numbers

To all students who have signed up for Paint by Numbers, we will have a quick mandatory 10-minute meeting at the start of lunch TODAY in room 312.

NEW!

Reminder: Swim Team meeting

Reminder to all of those interested in joining the Swim Team, we will be having a **<u>mandatory</u>** information session this **<u>Wednesday</u>**.

NEW!

Cross- Country Running

Next practice will be held Tuesday, September 19th afterschool. The practice scheduled for Thursday September 21st will be cancelled due to open house. We have also added an additional practice on Tuesday September 26th for those who have missed a practice or for students interested in having additional training. Last practice will be Thursday September 28th. Race will be held on October 5th.

NEW!

Cadet Boys Basketball Tryouts

Tryouts are open to boys in grades 9 and 10 and will be held in the Foundation Gym at 3pm on Tuesday the 19th and Wednesday the 20^t A sign-up sheet is posted outside the Foundation Gym. Please bring appropriate shoes and wear your gym uniform!

<u>Diversity Caravan</u>

Trip 1: Tour of Kahnawake - Friday September 22nd (spaces are limited – sign up is full currently a waiting list) Reminder to any

students who signed up for Trip 1 but were not able to attend this week's meeting. Please pick up your permission forms from Mme. Ferland-Turcotte in Rm.111 and return as soon as possible to reserve your spot. *"Let's Discover Together!"*

TCBY

Grad committee is selling TCBY on Thursday September 21st at lunch in the west wing and the foyer. They will also be selling during open house. Cost is \$3.00.

Juvenile boys flag football

Practice on Monday at Loyola park field. Please walk quickly so we can get started. There will be a second practice on Thursday September 21st during open house. Please be prepared to practice on the front field from 5:00 pm to 6:30 pm.

A message to students who have an older sibling(s) who graduated from RWA: Please let your sibling(s) know that we are looking for alumni volunteers for Open House next week. If they're interested, they can fill in the short Google form linked below. They can also reach out to Ms. Colannino for any information (dcolannino@emsb.qc.ca). https://forms.gle/tEpXP27DkQaZLg3d8

Cross-Country Running

Cross- Country forms are DUE. You will NOT be able to attend the race unless we receive your form.

Missing Clarinet

Has somebody taken a clarinet with case number Y15-01 by mistake? If you have, please bring it to the music room ASAP.

Park'n'Lot ECA

We need helpers to clean the garden for the fall and winter coming. If interested, we will meet on Wednesday, September 20th at 3:10 in the garden.

The Haka (Hah-Kah, not Hay-Kay)

The Haka performed by the New Zealand All Blacks is one of the most well known elements of rugby culture. It is inspired by Maori (Indigenous New Zealand) ceremonial dances. In sports it takes the form of a challenge to the opponent. They are also performed when welcoming important guests, at weddings and funerals, or marking special occasions. There is not a single form. Schools, colleges, community associations, units of the New Zealand Defence Forces and sports teams among others all have their own haka.



HOPS

HOPS forms are due. Please submit to Ms. Di Pietro ASAP.

Bus behavior:

A friendly reminder to all our students who take the bus in the mornings or after school. Please remember that if you are sitting in a seat designated for people with mobility issues (ie handicapped, elderly, etc), it is your responsibility to ensure that you give up your seat to anyone who has mobility issues. We have received reports of students not giving up their seats. Please remember that you are expected to show positive behavior while on public transport. As well, if you have a bag and are standing on the bus, you should be placing your bag on the floor of the bus so as not to block the aisles. Thank you for your cooperation. - RWA Admin

Big Brother/Big Sister Program

The mentoring program provides boys and girls with a role model and friend they can talk to and share their experiences of growing up. If you are in grade 10-11 and interested in participating in the big brother/big sister program please see Ms. Di Pietro or email at <u>sdipietro@emsb.qc.ca</u>. Students will meet once a week during lunch. Make a difference in someone's life today! Ms. Di Pietro -226 west wing office –ECA credits offered

Seniors Robotics Club - (GRADE 9 - 10 - 11)

CRC Robotics club are looking for students who are interested in the following areas for the 2023-2024 school year: - Robot building

- Programmers
- Website Designers
- Art displays
- Video Production

If you're interested, there will be an important meeting on Wednesday, Sept. 20th at 12:30p.m. in room 208. Bring your lunch!