

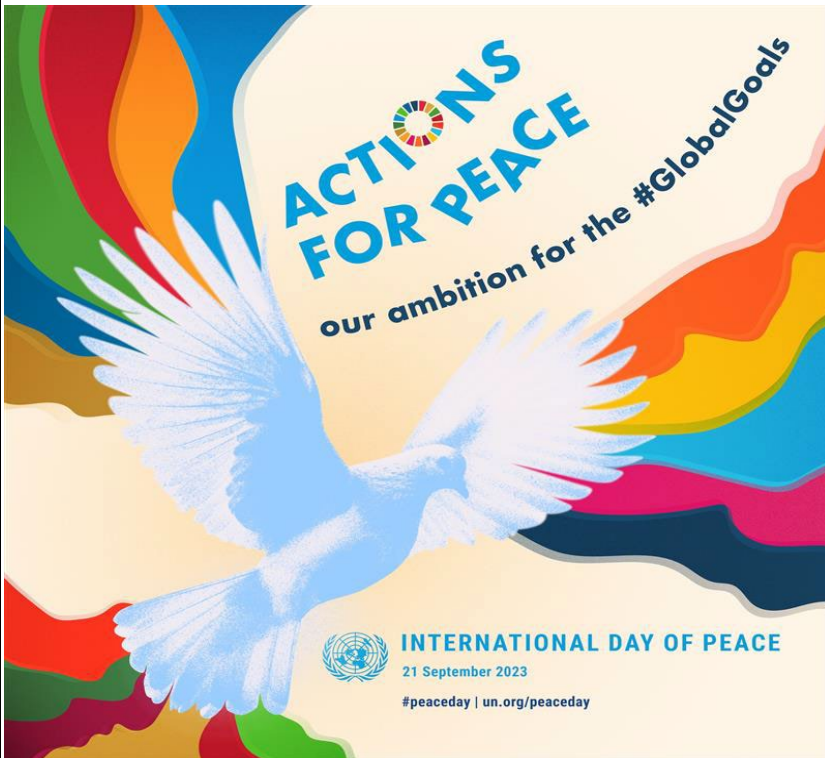
Royal West Academy

Student Bulletin

We would like to acknowledge that Royal West Academy is located on unceded Indigenous lands. The Kanien'kehá:ka* Nation is recognized as the traditional custodians of Tiohtià:ke/Montréal*, which has long been a site of meeting and exchange for many First Nations and is currently home to diverse groups of Indigenous and other peoples. We are grateful to live, work, and learn here and recognize the important role of education in reconciliation. (and in maintaining connections between the past, present, and future.)

UPCOMING EVENTS

- Sept 19 - 21 - Guidance Visits to Sec. 1
- Sept 21 - International Peace Day
- Sept 21 - Peace Walk
- Sept 21 - Open House
- Sept 22 - Car Free Day
- Sept 22 - Ped Day
- Sept 25-29 - MindPop French
- Sept 26 - Governing Board
- Sept 27-28 - Sec. 5 CEGEP Presentation



NEW!

Yearbook 2023-2024 Announcement

The Phoenix is the Royal West Academy Yearbook. We are a group of grade 11 students who are in charge of putting together this year's book. The book is for everyone and is distributed at the beginning of June (No need to purchase one it's in your fees already!). You can follow us on Instagram @rwa.yearbook.2024. If you have pictures you would like us to include please send them to us via Instagram or our email which is rwayearbook2024@gmail.com. If you have any questions or suggestions we can be found in homeroom 304.

- Yearbook Committee

NEW!

Camp Lift (Grade 9-10-11)

LIFT is an 8-week program designed to help you discover the benefits of healthier living, both physically and mentally by offering you tools and practices to maintain a well-balanced life. Each week, we'll focus on an essential topic related to healthy lifestyle habits, such as stress management, sleep, and communication. If you're looking to engage in meaningful conversations about life, gain fresh perspectives and boost your physical, mental and social well-being, join the LIFT program! Sign-up on bulletin board outside room 224 (near water fountain). First session will begin Tuesday October 3rd in room 214.

NEW!

Peace Walk Today!

It's International Peace Day today! Please join us today at lunch for our **Peace Walk** to kickstart our Truth and Reconciliation week. **We will gather in the main foyer at 12:40pm** for a Land Acknowledgement followed by the walk. All staff and students are welcome. Join us today for a solemn walk around our school community, in an effort to offer our positive thoughts of peace, comfort and love for all. Hope to see you there!

NEW!

Diversity Caravan:

Reminder to all students joining us tomorrow Sept. 22 for the trip to Kahnawake. We will meet in the cafeteria for 9 am. See you then!

Wrestling Team

Practices for the Wrestling team will begin on Monday September 25th. Are you looking for a new challenge? Are you looking to get in shape and compete for the school? If so, then the wrestling team is looking for both boys and girls for this year's team. Signup sheets will be in front of Room 206. For any more information, you may see Mr. Chen. See you there!

RWA Wrestling Team

Are you looking for a new challenge? Are you interested in representing the school at the GMAA level? Are you interested in learning a new sport? If so, the RWA Wrestling Team is looking for boys and girls from grades 7-11. No prior experience is necessary. Signup sheets will be in front of Room 206 and the first practice will be on Monday September 25th in the cafeteria. See you there!

Club de BD et chocolat chaud offert aux élèves de 9^e -10^e -11^e années

Tu te cherches une activité parascolaire pour les froids mois d'automne? Aimes-tu les bandes dessinées? Aimes-tu lire en sirotant un bon chocolat chaud? Viens découvrir des romans graphiques francophones qui te feront voyager à travers le monde. Les rencontres seront les mercredis à l'heure du dîner, nous commencerons le 27 septembre. Il y aura aussi une deuxième session avec des inscriptions en janvier. Crédits culturels offerts. Inscriptions au 207.

- Madame Guoin

Club de crochet

Débutant ou intermédiaire, les cours commenceront le lundi 25 septembre dans la salle 110 et se poursuivront tous les jours 2 jusqu'au printemps.

Notez que 8 présences vous rapporteront un crédit culturel ou communautaire.

Bienvenue à tous!

Mme Moreau et Mme Roy

Rugby World Cup 2023 fact of the day

Did you know that playing rugby is so cool that Harry Potter plays rugby? Don't believe me, click on the links below.

[https://en.wikipedia.org/wiki/Harry_Potter_\(rugby_union\)](https://en.wikipedia.org/wiki/Harry_Potter_(rugby_union))

<https://www.leicestertigers.com/news/renewal-220201-potter>

ECA: ÉQUIPE DE PUBLICITÉ DU COMITÉ ENVIRONNEMENTAL

Pour les élèves qui ont donné leur nom ET les autres qui voudraient se joindre à nous, je vous attends dans la salle **109**, **mardi prochain, le 26 septembre à 15h10**. On commencera nos affiches et discutera des autres projets.

- Mme Deschênes

Bouldering and Rock climbing

There will be an information session on Thursday, September 21st, at lunch in room 103.

Volunteers Needed

If you like hockey/skating, and you're looking to volunteer and help teach kids (aged 5-11) skate, then we have a wonderful volunteer opportunity for you! Taking place @ College Brebeuf Arena (Arena Brebeuf) 5635 Decelles Ave, Montreal, Quebec H3T 1W4) every Sunday from 9-11 am. If you are interested, please contact Linda Matteo @ 514-969-6987 or linda_matteo@hotmail.com. This is an incredible opportunity to work with kids who really need the help! Please sign-up with Ms. Di Pietro in room 226 if interested.

UPDATE Photo Packages

There has been a change in the process to order photo packages. The school will distribute proofs in the coming weeks containing a Portrait ID and an Access Code. This information will be required to place an order online. Orders can be sent directly to your home for an additional fee. Otherwise, orders will be distributed at school.

TCBY

Grad committee is selling TCBY on Thursday September 21st at lunch in the west wing and the foyer. They will also be selling during open house. Cost is \$3.00.