

# Royal West Academy

## Student Bulletin

We would like to acknowledge that Royal West Academy is located on unceded Indigenous lands. The Kanien'kehá:ka\* Nation is recognized as the traditional custodians of Tiohtià:ke/Montréal\*, which has long been a site of meeting and exchange for many First Nations and is currently home to diverse groups of Indigenous and other peoples. We are grateful to live, work, and learn here and recognize the important role of education in reconciliation. (and in maintaining connections between the past, present, and future.)

### UPCOMING EVENTS

- Sept 25-29 – MindPop French
- Sept 26 – Governing Board
- Sept 27-28 – Sec. 5 CEGEP Presentation
- Sept 27 – Awards Assembly P.4
- Sept 28 – Orange shirt Day
- Sept 29 – Attestation Day
- Sept 29 – RWA Spirit Day
- Oct. 2 – Extended Homeroom
- Oct. 3 – I.D. Photo Retake



**NEW!**

#### **Cadet Girls Soccer**

We'll be having a short meeting today, at the beginning of lunch, in room 214.

**NEW!**

#### **Juvenile Boys Soccer:**

The Team Meeting scheduled for Monday, September 25<sup>th</sup> at lunch has been moved to Tuesday, September 26<sup>th</sup> at lunch in Room 206. Please be there as we will be giving out the jerseys and discussing tactics for the upcoming game on Friday September 29<sup>th</sup>.

**NEW!**

#### **Bantam Girls Volleyball**

Practice at lunch in the memorial gym on Monday September 25<sup>th</sup>.

**NEW!**

#### **Juvenile Boys Flag Football**

Practice on Monday at 3:10 pm on the front field, Game on Wednesday at Loyola Park Field at 3:30 pm.

#### **Yearbook 2023-2024 Announcement**

The Phoenix is the Royal West Academy Yearbook. We are a group of grade 11 students who are in charge of putting together this year's book. The book is for everyone and is distributed at the beginning of June (No need to purchase one it's in your fees already!). You can follow us on Instagram @rwa.yearbook.2024. If you have pictures you would like us to include please send them to us via Instagram or our email which is [rwayearbook2024@gmail.com](mailto:rwayearbook2024@gmail.com). If you have any questions or suggestions we can be found in homeroom 304.

- Yearbook Committee

#### **Camp Lift (Grade 9-10-11)**

LIFT is an 8-week program designed to help you discover the benefits of healthier living, both physically and mentally by offering you tools and practices to maintain a well-balanced life. Each week, we'll focus on an essential topic related to healthy lifestyle habits, such as stress management, sleep, and communication. If you're looking to engage in meaningful conversations about life, gain fresh perspectives and boost your physical, mental and social well-being, join the LIFT program! Sign-up on bulletin board outside room 224 (near water fountain). First session will begin Tuesday October 3<sup>rd</sup> in room 214.

#### **RWA Wrestling Team**

Are you looking for a new challenge? Are you interested in representing the school at the GMAA level? Are you interested in learning a new sport? If so, the RWA Wrestling Team is looking for boys and girls from grades 7-11. No prior experience is necessary. Signup sheets will be in front of Room 206 and the first practice will be on today September 25<sup>th</sup> in the cafeteria. See you there!

**Club de BD et chocolat chaud offert aux élèves de 9<sup>e</sup> -10<sup>e</sup> -11<sup>e</sup> années**

Tu te cherches une activité parascolaire pour les froids mois d'automne? Aimes-tu les bandes dessinées? Aimes-tu lire en sirotant un bon chocolat chaud? Viens découvrir des romans graphiques francophones qui te feront voyager à travers le monde. Les rencontres seront les mercredis à l'heure du dîner, nous commencerons le 27 septembre. Il y aura aussi une deuxième session avec des inscriptions en janvier. Crédits culturels offerts. Inscriptions au 207.

- Madame Gouin

**Club de crochet**

Débutant ou intermédiaire, les cours commenceront le lundi 25 septembre dans la salle 110 et se poursuivront tous les jours 2 jusqu'au printemps.

Notez que 8 présences vous rapporteront un crédit culturel ou communautaire.

Bienvenue à tous!

Mme Moreau et Mme Roy

**ECA: ÉQUIPE DE PUBLICITÉ DU COMITÉ ENVIRONNEMENTAL**

Pour les élèves qui ont donné leur nom ET les autres qui voudraient se joindre à nous, je vous attends dans la salle **109**, **mardi prochain, le 26 septembre à 15h10**. On commencera nos affiches et discutera des autres projets.

- Mme Deschênes

**Volunteers Needed**

If you like hockey/skating, and you're looking to volunteer and help teach kids (aged 5-11) skate, then we have a wonderful volunteer opportunity for you! Taking place @ College Brebeuf Arena (Arena Brebeuf) 5635 Decelles Ave, Montreal, Quebec H3T 1W4) every Sunday from 9-11 am. If you are interested, please contact Linda Matteo @ 514-969-6987 or [linda\\_matteo@hotmail.com](mailto:linda_matteo@hotmail.com). This is an incredible opportunity to work with kids who really need the help! Please sign-up with Ms. Di Pietro in room 226 if interested.