

We would like to acknowledge that Royal West Academy is located on unceded Indigenous lands. The Kanien'kehá:ka* Nation is recognized as the traditional custodians of Tiohtià:ke/Montréal*, which has long been a site of meeting and exchange for many First Nations and is currently home to diverse groups of Indigenous and other peoples. We are grateful to live, work, and learn here and recognize the important role of education in reconciliation. (and in maintaining connections between the past, present, and future.)



UPCOMING EVENTS

Oct. 11 - PSAT
Oct. 13 - Ped Day
Oct. 13 - Progress Reports
Oct. 17 - Calculus Competition
Oct. 17 - Sec 1-3 Reading Assessment
Oct. 18 - Sec 4 CEGEP presentation
Oct. 23 - 27 - MindPOP ELA
Oct. 23 - 27 - Waste Reduction Week
Oct. 24 - Sec 1 Camp de Bon Départ

NEWI

Indoor Track and Field

If you are interested in participating in indoor track and field, please sign-up on the bulletin board near the New Gym. Tryouts/practice will take on Thursday October 19th after school.

<u>newi</u> LGBTQ+

If you're looking for a safe space to discuss LGBTQ+ issues, participate in community projects and events, and learn how to be a great ally, come join the LGBTQ+ club! Meetings are every Thursday during lunch in Room 210 beginning on Thursday October 12th . All students are welcome.

NEW!

Club de BD et chocolat chaud pour les 9-10-11ièmes

Notre première rencontre du club aura lieu ce mercredi (le 11 octobre) sur l'heure du midi. Venez avec votre lunch au 207 au début du diner. Il reste encore quelques places pour ceux qui ne se sont pas encore inscrits. Cette activité s'adresse aux élèves de 9-10-11ièmes années.

Madame Gouin

RWA 2023 fact of the day

Did you know that rugby union was a strictly amateur sport until after the 1995 Rugby World Cup? The players in the first 3 RWC (1987, 1991, 1995) had regular jobs. They were farmers, miners, steelworkers, bankers, teachers, lawyers, military men and doctors (not surprising given how smart rugby players are). Some had understanding employers who paid them while they were away at rugby, but many had to fundraise to be able to pay their bills during their absence.

Fitness Group

Want to get energized during your lunch break? Join the fitness group at lunch on Tuesdays. We'll be getting into a variety of fitness activities, including strength training, cardio and stretching. Sessions start October 10th in room 102. Make fitness a part of your school week while earning ECA credits- See you there! Sign-up on bulletin board outside room 224.

Ribbons of Hope

Add some positivity this month with an orange Ribbon of Hope. Drop by the main foyer to add your thoughts of hope, peace and love by tieing an orange ribbon to the display. These Ribbons of Hope are a sign of our school community's commitment to Truth and Reconciliation.

Truth and Reconciliation @RWA

With Orange Shirt Day soon approaching, we invite staff and students to drop by the main foyer to check out a special display. This display offers information about Truth and Reconciliation along with some useful resources. Don't forget to wear orange on September 28.