

Royal West Academy

Student Bulletin

We would like to acknowledge that Royal West Academy is located on unceded Indigenous lands. The Kanien'kehá:ka* Nation is recognized as the traditional custodians of Tiohtià:ke/Montréal*, which has long been a site of meeting and exchange for many First Nations and is currently home to diverse groups of Indigenous and other peoples. We are grateful to live, work, and learn here and recognize the important role of education in reconciliation. (and in maintaining connections between the past, present, and future.)



There's nothing nicer
than unexpected
appreciation. If you're
grateful, get a pen.

HELEN ELLIS

UPCOMING EVENTS

- Oct. 4 - Piece De Theatre Sec. 5
- Oct. 6 - Drama Outing Sec 1,2 & 3
- Oct. 9 - Holiday
- Oct. 11 - PSAT
- Oct. 13 - Ped Day
- Oct. 13 - Progress Reports
- Oct. 17 - Calculus Competition
- Oct. 17 - Sec 1-3 Reading Assessment
- Oct. 18 - Sec 4 CEGEP presentation

NEW!

To all Grads with family in the school

We would like to include a photo of all grads with family members in the yearbook.

If this applies to you, meaning you have siblings/cousins/twins or other relatives currently at Royal West, please fill out the following form:

<https://forms.gle/i3hBGvGdXudzqXuYA>

- Yearbook Committee

NEW!

If anybody comes across a trumpet case bearing the case number Y3013, please bring it to the main office or to the music room.

NEW!

GRADE 8 TERRY FOX EVENT

Reminder that Friday October 6 is our Grade 8 Terry Fox event during periods 5 and 6. All grade 8 students are to report to their 5th period class in their phys ed clothes ready to run. Your 5th period teacher will take attendance and accompany you to the Foundation gym to join us for the period. Period 6 teachers will join the activity as well. Please bring a labeled water bottle so you can stay hydrated during the activity. Rain or shine we are on!

NEW!

JOHN GRANT HIGH SCHOOL VOLUNTEER PROGRAM: GRADE 10-11

Are you interested in working with special needs students? John Grant high school is looking for volunteers to work with students in a classroom setting. Students would spend ½ a day a week volunteering for a period of ten weeks (starting in November). Participants will gain practical experience working alongside an experienced teacher. For more info. see Ms. Di Pietro in room 226.

NEW!

Juvenile Boys' basketball

Juvenile Boys' basketball tryouts will take place this coming Friday (Oct 6) in the Foundation Gym at 3:10 PM. Students need to be present at the tryouts to be considered for the team. Any questions or concerns regarding this should be addressed to either Mr. Aiken or Mr. Manstavich.

NEW!

Fitness Group

Want to get energized during your lunch break? Join the fitness group at lunch on Tuesdays. We'll be getting into a variety of fitness activities, including strength training, cardio and stretching. Sessions start October 10th in room 102. Make fitness a part of your school week while earning ECA credits- See you there!

Paint By Numbers

If you signed up for Paint by Numbers, we will be having our first session on Wednesday, October 4th at lunch in room 312. See you there!

Park'n'Lot

We will meet on Wednesday, **October 4th** at 3:10 in the garden. Bring your gloves!

Pickleball

Pickleball Info Meeting: To students interested in participating in this year's upcoming tournament, there will be a mandatory meeting on Wednesday at 12:30 in room 102. As this is new to RWA and to GMAA, we will be only taking students who have some previous experience with this sport, as there is limited space and time leading in to the tournament.

Thanks, see you there. Mr. Aiken & Mrs. O'Neil

Bouldering in the memorial gym

Come check out the bouldering wall and learn some new technique. Day 4 and 7. Come by room 103 for more information.

Avocados and Onion skins (FREE CANDY)

The Art department is making natural dyes, and we need your avocado pits and skins! We are also collecting onion skins! Please bring them to room 103 and receive a sweet treat in exchange!

Voices of Olympia Competition:

Meeting with representative on **Wednesday, October 4th**, at lunch in room 211. If you are unable to attend, please send me any questions you have about the competition ahead of time.

- Ms. Bateman

CADET BOYS BASKETBALL

Our next practices will be Wednesday October 4th in the Memorial Gym and Tuesday October 10th in the New Gym. Both practices will be from 3 to 4:30pm.

Light & Sound sign ups:

Have you ever wondered what goes on behind-the-scenes of the many extracurricular productions at school? Would you like to experience the chance to control sound and lighting in different events? Are you someone who enjoys working with A/V equipment? If yes, why don't you give Light & Sound a try! Sign-up sheets will be outside room 308 from Tuesday (Oct 3) until end of day Thursday (Oct 5). If you have any questions, please see Mr Manstavich in the main office or Mr Magee in 308. Students who sign up will be invited to an interview within the next two weeks. Open to all Sec 1-4 students.

WATER POLO Information Session

To all those who signed up for the Water Polo team, we will be having an information meeting **Wednesday, Oct. 4th** in Room 305 at lunch.

Swim Team – 1ST Practice CANCELLED

To all swimmers on the Swim Team. First off, you have been added to the Google Classroom group for the team. Please make sure you have accepted the invitation. If you haven't been invited, please send me an email at lkissin@emsb.qc.ca to make sure you are added to the team. Secondly, unfortunately the first practice has been **cancelled**. Our first practice will therefore be **October 11th**.

FEM CLUB

FEM CLUB will start on Friday, October 6th 2023, and will be every day 4.

SCIENCE FAIR

What do Einstein, Hawking, Newton and Oppenheimer have in common?

None of them participated in the RWA science fair - imagine how much more they could have accomplished if they had!

That's right, it's time to start registering for the 2024 RWA Science Fair.

Grade 11 physics/chem students – pay attention for relevant information in your classes in the coming days.

Non grade 11 students: If you would like to participate in the science fair, come attend an information session in room 201 on Friday October 6th at lunch!

For information on how to register and about the fair, join the Google Classroom using code **rhwg5em**.

Registration is due October 13th using the Google Form in the classroom.

Ribbons of Hope

Add some positivity this month with an orange Ribbon of Hope. Drop by the main foyer to add your thoughts of hope, peace and love by tying an orange ribbon to the display. These Ribbons of Hope are a sign of our school community's commitment to Truth and

Reconciliation.

Truth and Reconciliation @RWA

With Orange Shirt Day soon approaching, we invite staff and students to drop by the main foyer to check out a special display. This display offers information about Truth and Reconciliation along with some useful resources. Don't forget to wear orange on September 28.