

# Royal West Academy

## Student Bulletin

We would like to acknowledge that Royal West Academy is located on unceded Indigenous lands. The Kanien'kehá:ka\* Nation is recognized as the traditional custodians of Tiohtià:ke/Montréal\*, which has long been a site of meeting and exchange for many First Nations and is currently home to diverse groups of Indigenous and other peoples. We are grateful to live, work, and learn here and recognize the important role of education in reconciliation. (and in maintaining connections between the past, present, and future.)



### UPCOMING EVENTS

- Oct. 6 - Drama Outing Sec 1,2 & 3
- Oct. 9 - Holiday
- Oct. 11 - PSAT
- Oct. 13 - Ped Day
- Oct. 13 - Progress Reports
- Oct. 17 - Calculus Competition
- Oct. 17 - Sec 1-3 Reading Assessment
- Oct. 18 - Sec 4 CEGEP presentation

**NEW!**

#### Bantam boys flag football

Nous avons plusieurs choses à discuter et une mise au point s'impose. Tous les joueurs doivent être présents doivent être présents à une rencontre dans le local 109 sur l'heure du midi aujourd'hui. La rencontre débute à 12h30. Ne soyez pas en retard!

**NEW!**

#### RWA 2023 fact of the day

Did you know that rugby union was a strictly amateur sport until after the 1995 Rugby World Cup? The players in the first 3 RWC (1987, 1991, 1995) had regular jobs. They were farmers, miners, steelworkers, bankers, teachers, lawyers, military men and doctors (not surprising given how smart rugby players are). Some had understanding employers who paid them while they were away at rugby, but many had to fundraise to be able to pay their bills during their absence.

#### SCIENCE FAIR INFORMATION MEETING REMINDER

A reminder to all non-grade-11 students who are planning to participate in the science fair: an information meeting will be held tomorrow (Friday October 6<sup>th</sup>) in my room (201) at lunch.

If your science teacher has already gone through the information PowerPoint with you in your class, there is no need to attend.

Also, a reminder that registration for the science fair is to be submitted no later than October 13<sup>th</sup>.

#### Fitness Group

Want to get energized during your lunch break? Join the fitness group at lunch on Tuesdays. We'll be getting into a variety of fitness activities, including strength training, cardio and stretching. Sessions start October 10<sup>th</sup> in room 102. Make fitness a part of your school week while earning ECA credits- See you there! Sign-up on bulletin board outside room 224.

#### To all Grads with family in the school

We would like to include a photo of all grads with family members in the yearbook.

If this applies to you, meaning you have siblings/cousins/twins or other relatives currently at Royal West, please fill out the following form:

<https://forms.gle/i3hBGvGdXudzqXuYA>

- Yearbook Committee

#### GRADE 8 TERRY FOX EVENT

Reminder that Friday October 6 is our Grade 8 Terry Fox event during periods 5 and 6. All grade 8 students are to report to their 5<sup>th</sup> period class in their phys ed clothes ready to run. Your 5<sup>th</sup> period teacher will take attendance and accompany you to the Foundation gym to join us for the period. Period 6 teachers will join the activity as well. Please bring a labeled water bottle so you can stay hydrated during the activity. Rain or shine we are on!

## **JOHN GRANT HIGH SCHOOL VOLUNTEER PROGRAM: GRADE 10-11**

Are you interested in working with special needs students? John Grant high school is looking for volunteers to work with students in a classroom setting. Students would spend ½ a day a week volunteering for a period of ten weeks (starting in November). Participants will gain practical experience working alongside an experienced teacher. For more info. see Ms. Di Pietro in room 226.

### **Juvenile Boys' basketball**

Juvenile Boys' basketball tryouts will take place this coming Friday (Oct 6) in the Foundation Gym at 3:10 PM. Students need to be present at the tryouts to be considered for the team. Any questions or concerns regarding this should be addressed to either Mr. Aiken or Mr. Manstavich.

### **Bouldering in the memorial gym**

Come check out the bouldering wall and learn some new technique. Day 4 and 7. Come by room 103 for more information.

### **Avocados and Onion skins (FREE CANDY)**

The Art department is making natural dyes, and we need your avocado pits and skins! We are also collecting onion skins! Please bring them to room 103 and receive a sweet treat in exchange!

### **Light & Sound sign ups:**

Have you ever wondered what goes on behind-the-scenes of the many extracurricular productions at school? Would you like to experience the chance to control sound and lighting in different events? Are you someone who enjoy working with A/V equipment? If yes, why don't you give Light & Sound a try! Sign-up sheets will be outside room 308 from Tuesday (Oct 3) until end of day Thursday (Oct 5). If you have any questions, please see Mr Manstavich in the main office or Mr Magee in 308. Students who sign up will be invited to an interview within the next two weeks. Open to all Sec 1-4 students.

### **Swim Team – 1<sup>ST</sup> Practice CANCELLED**

To all swimmers on the Swim Team. First off, you have been added to the Google Classroom group for the team. Please make sure you have accepted the invitation. If you haven't been invited, please send me an email at [lkissin@emsb.qc.ca](mailto:lkissin@emsb.qc.ca) to make sure you are added to the team. Secondly, unfortunately the first practice has been **cancelled**. Our first practice will therefore be **October 11<sup>th</sup>**.

### **FEM CLUB**

FEM CLUB will start on Friday, October 6<sup>th</sup> 2023, and will be every day 4.

### **Ribbons of Hope**

Add some positivity this month with an orange Ribbon of Hope. Drop by the main foyer to add your thoughts of hope, peace and love by tying an orange ribbon to the display. These Ribbons of Hope are a sign of our school community's commitment to Truth and Reconciliation.

### **Truth and Reconciliation @RWA**

With Orange Shirt Day soon approaching, we invite staff and students to drop by the main foyer to check out a special display. This display offers information about Truth and Reconciliation along with some useful resources. Don't forget to wear orange on September 28.