We would like to acknowledge that Royal West Academy is located on unceded Indigenous lands. The Kanien'kehá:ka* Nation is recognized as the traditional custodians of Tiohtià:ke/Montréal*, which has long been a site of meeting and exchange for many First Nations and is currently home to diverse groups of Indigenous and other peoples. We are grateful to live, work, and learn here and recognize the important role of education in reconciliation. (and in maintaining connections between the past, present, and future.)

Parade

"I HAVE LEARNED OVER
THE YEARS THAT WHEN
ONE'S MIND IS MADE
UP, THIS DIMINISHES
FEAR." —ROSA PARKS

UPCOMING EVENTS

- Feb. 19 23 MindPoP French
- Feb. 19-22 Musical Production
- Feb. 23 RWA Spirit Day
- Feb. 27 Report Card posted
- Feb. 28 Math Competition
- Feb. 28 Pink Shirt Day
- Feb. 29 Locker Clean Up
- Mar. 1 Tyndale Early dismissal
- Mar. 4-8 March Break
- Mar. 11 Grad Photo Re-take
- Mar. 12 Calculus Competition

NEW

WELLNESS COMMITTEE

Are you interested in wellness, want to make a difference in creating healthy habits and practices for your wellbeing and others, would like to create a more positive school environment? This club is open to Secondary 2 to 5 students who have an interest in promoting wellness and awareness on mental health. We'll be organizing projects throughout the year to educate and inspire our school community. Our first meeting will be held Tuesday, Feb 27th in room 225 (during lunch). Hope to see you there! For more info, please see Ms. Wineberg (225)or Ms. Di Pietro (226). ECA credit offered. Sign-up with Ms. Di Pietro in room 226 if interested.

NEW!

Black Canadian Trailblazers and Changemakers - Did you know?

Bennedict Mathurin is a 21-year-old professional basketball player from Montreal. He plays in the NBA on the Indiana Pacers. He was selected with the sixth overall pick by the <u>Indiana Pacers</u> in the <u>2022 NBA draft</u>, Mathurin was the Pacers' highest pick the franchise has had since in the <u>1988 NBA draft</u>. In 2023, Mathurin was named NBA Rising Star. In February 2023, after scoring 21 points against the <u>Utah Jazz</u>, Mathurin became the fastest Pacer rookie since the <u>1986–87 season</u> to reach 1,000 career points

Lights and sound

Meeting this Friday at 12: 35 PM in room 308.

Variety Show 2024

This is a call to all of you talented RWA performers who have not yet signed up for the Variety Show auditions. Auditions begin today at lunch in room 106 and it is not too late to sign up. The next audition sessions are after school this Thursday and Friday and next Monday at lunch. Sign-up sheets are posted on the stairwell bulletin board between the first-floor west wing and the main building. You can audition alone or as a group and we welcome a wide variety of acts. We look forward to seeing you all at the auditions.

- Ms Macleod, Ms Gagliano and the Variety Show Execs.

Attention Grade 11 students! You received, on Friday, an email regarding your Graduation Ceremony on June 20th. In the email, you were asked to join a Google Classroom for the grad ceremony and fill out an attached google form. Please ensure you complete this form by the deadline of March 1st.

If you have any questions regarding the email or the google form, please see your Vice Principal as soon as possible.

- Ms. Lumsden & Mr. Manstavich

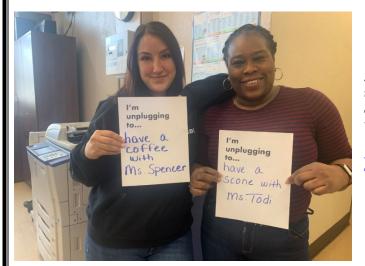
SENIOR SKI TRIP

I am happy to announce the senior ski trip (grades 10 and 11 only) is scheduled for March 15-17 / 2024. To register for the trip please follow the link www.rodroy.com/rwa11. Please note no beginners will be accepted on this trip. Students must be intermediate to advance in their skiing and snowboarding abilities. Registration deadline is February 29th.

Bracelet Club

Next meeting is on Thursday Feb 22 at lunch. See you in the art room.

How do you unplug? Global Unplugging Day begins the evening of March 1 for 24 hours. RWA encourages all students, staff, and their families to take anything from 1 hour to all 24 to consciously unplug and take a break from technology. This year, RWA is planning to show a slideshow on March 1 with pictures of the student body! If you are willing to submit your photo, please email it to Madeline Crist, the youth counsellor, by Friday Feb. 23 and be entered in a raffle to win a prize! Mcrist2@emsb.qc.ca Here's an example of a photo from last year. If you need a sign, swing by the hallway in guidance or Miss Di Pietro's office.



Need an idea? Paint, take a walk, play an instrument, play a board game, read a book, ice skate, go out for poutine with a friend, host a spa night, bake cookies, or anything else! For more information or other creative ideas, please consult the website. Happy Unplugging!

https://www.globaldayofunplugging.org/

WATERLOO MATH COMPETITION SEC 3, 4, & 5

All Sec 3, 4, and 5 students will write the Waterloo math contest Feb 28th during periods 1 and 2. More information about room assignments will come next week. For practice, check out https://www.cemc.uwaterloo.ca/contests/contests.html (Note: Sec 3s write Pascal, Sec 4s write Cayley, and Sec 5s write Fermat).

Ultimate Frisbee

The next practice is on **Thursday February 22nd** at 3:10 pm in the Foundation Gym.

