

Royal West Academy Student Bulletin

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We would like to acknowledge that Royal West Academy is located on unceded Indigenous lands. The Kanien'kehá:ka* Nation is recognized as the traditional custodians of Tiohtià:ke/Montréal*, which has long been a site of meeting and exchange for many First Nations and is currently home to diverse groups of Indigenous and other peoples. We are grateful to live, work, and learn here and recognize the important role of education in reconciliation. (and in maintaining connections between the past, present, and future.)

OH, TODAY'S FRIDAY
THE 13TH?

I BET YOU DIDN'T KNOW THAT
TOMORROW'S SATURDAY THE 14TH.

Upcoming events

- ❖ Sep. 13 – Welcome Back BBQ
- ❖ Sep. 16 – 18 – Sec. 1 Guidance visit
- ❖ Sep. 19 – Open House
- ❖ Sep. 20 – Ped Day
- ❖ Sep. 21 – International Day of Peace
- ❖ Sep. 22 – Car Free Day
- ❖ Sep. 23 – 27 – MindPoP French
- ❖ Sep. 24 – Orienteering Day
- ❖ Sep. 27 – RWA Spirit Day
- ❖ Sep. 28 -29 – Canoe Camping Trip
- ❖ Sep. 30 – Extended Homeroom
- ❖ Sep. 30 – Orange Shirt Day

NEW!

RWA Choir auditions extended!

If you want to join the RWA choir but were unable to audition this week, please sign up and come to our last day of auditions on **Tuesday, September 17th**. Auditions will take place in room 106 at lunch and after school. All skill levels are welcome, whether you're a seasoned performer or just starting out, come and give it a try. Please prepare a short piece to showcase your voice and be ready to shine. Don't miss the chance to be part of this amazing group of singers who perform at exciting events throughout the year. The sign up sheet is on the door of room 106.

- Melody Marrone (and Ms Macleod)

NEW!

Calling all readers: it's time to sign up for Book Club!

It's that time of year! School has started, the leaves are changing colours, and the list of books on your Goodreads TBR is piling up. If you are interested in a cozy lunch time ECA where good books are discussed over a cup of hot coco and the occasional baked good, come join BOOK CLUB! Book club is divided by grade level, and each section meets 1-2 times a month at lunch. **Sign up with Ms. Germain in the library. Upon signing up Ms. Germain will provide you with your first meeting date and location!** Community/Cultural credit available.

NEW!

BANTAM BOYS BASKETBALL - TRY OUTS

Sign-up sheets for the boys Bantam basketball are now posted outside the Foundation Gym! Bantam is grade 7. More details will be posted in the bulletin next week!

NEW!

Cadet Girls Basketball

A sign-up sheet has been posted outside the Foundation Gym. Please fill in the needed information accurately; your experience level is necessary, as it may determine the division in which we must sign-up to play. The first tryouts are currently scheduled for after school on October 2nd & October 7th in the Foundation gym. Looking forward to seeing you there! Mr. Aiken

NEW!

Golf

Our first session will be held at Meadowbrook Golf Club's driving range (8370 Cote St-Luc Rd) on September 18 at 4pm. You can walk or take the 162 bus. Clubs will be provided, but feel free to bring your own; usually just bringing your driver and/or a couple of irons is sufficient. The activity will likely finish between 5-5:30. Students are responsible for getting to and from the activity on their own. This will be used as a gauge as to which students can be taken out for an 18-hole round of golf at a later date. Please see Mr. Aiken should you need additional information. Thank you.

NEW!

Orienteering

There are still a handful of spots remaining for our orienteering day on September 24th. They are open to grade 7 & 8 students. We will be taking a rented bus to and from Parc Maisonneuve for some outdoor activities; sport or

environment credits are possible. Please see Ms. O'Neil asap should you want to claim a spot!

- Ms. O'Neil & Mr. Aiken

NEW!

Pickleball

Our next two sessions will be after school in the Foundation Gym. Monday, the 16th, for grade 7 & 8; Monday, the 23rd, for grade 9, 10, 11. You must change into your P.E. uniform. Paddles and pickleballs are provided, but feel free to bring your own. The sessions will finish between 4:30-5, depending on whether there is a practice scheduled for later that afternoon. It is not too late to join, even if you have yet to sign up. See you there! Mr. Aiken

NEW!

Orienteering

We will be having a gym session on Thursday September 19th at 12:30 in the memorial gym. Come with your lunch ready to run around.

NEW!

SCIENCE FAIR 2025

It's everyone's favorite time of year! Time to kick off the 2025 Science Fair. In the coming days, your science teachers will present the information for the Science Fair and how to register. For now, if you are interested, join the Science Fair Google Classroom with the code **krua2wg**.

As a reminder, all students (except those currently in grade 10) must participate in the science fair once from grade 8 to grade 10. **All grade 11 students in physics/chemistry must participate as well.**

Registration can be completed using the Google Form that is found in the Google Classroom, and is due October 11th!

If you have any questions, come see Mr. Wiltzer in 201!

Juvenile Boys Flag-Football Cancelled

Unfortunately we were unable to secure a coach for JUVENILE boys flag football before the deadline, and so there will be no team this fall.

BANTAM flag is still happening! Come out and support the bantam team!

Swim Team Signup

Alright, it's that time! If you'd like to join the RWA Swim Team, signups are outside the new gym. Please find your category (Bantam, Cadet, Juvenile) and sign up. There will also be a **mandatory** information session **Monday, September 16th** at lunch in Room 305. L. Kissin

Photography club

Do you have a flair for creativity? Do you like using technology to express your artistic side? If so, then the RWA Photography club is for you. With the chance to obtain a Community or Cultural Credit, and yes even an Environment Credit under the right circumstances, there are so many reasons to join! Beginners/Juniors will meet on Day 5 at Lunch in Room 206 while Experienced/Seniors will meet on Day 6 in Room 206 at lunch. Signup Sheets will be on the door of Room 206. First Meetings will be on the following dates:

Beginners/Juniors: Tuesday September 17th

Experienced/Seniors: Wednesday September 18th

See you there!

Daily reminders

1. Before school and at lunch time, students **MUST** enter by the side doors (Ainslie or Easton).
2. If a student arrives to school late, they must enter by the Main entrance. Buzz and look at the camera so the office can see who you are. If asked, please identify yourself as a 'student'. Go to your locker first to get ready for the day. If you can make it to your Homeroom before 8:40am, go straight there. Otherwise, a student arriving after 8:40am must come to the office for a late slip.

Montreal Brain Bee

Have you always been interested in neuroscience? Would you welcome the idea of participating in the Montreal Brain Bee? It is a two-day competition for students grades 9-11 that tests their knowledge about the brain and neuroscience research. RWA is starting a Brain Bee ECA to prepare for this event that will take place **April 7th and 8th, 2025**. This group would meet once a cycle (starting soon) and go over topics such as memory, sleep, intelligence, emotion, perception, stress, aging, brain imaging, neurology, neurotransmitters, genetics and brain disease. There would be an element of extra learning (beyond what you learn in your science classes) and studying, but there would also be the major payoff of competing with students from other schools, extra learning (again...beyond what you learn in your science classes!) and a way to bolster your CV. If interested, sign up outside Room 305 and stay tuned for an information session.

- L. Kissin

Bags Left Unattended in the Hallway

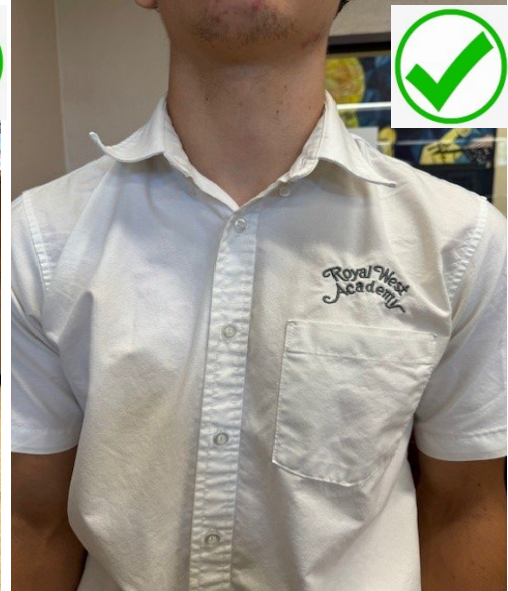
Bags that are left unattended in the hallway will be brought to the main office. A detention will be schedule with the student when they pick up their bag. Note that open gym is an exception to this rule. Students participating in open gym may leave their bag along the wall just outside of Foundation gym. Please be responsible for your personal belongings.

Proper Uniform

Students have been given one full cycle to ensure their uniform meets the standards set out in the code of conduct. The most common warnings given out over the first few days include:

- Skirts must be **unrolled** and fall past fingertips of straight arms
- Shirts must be tucked in
- Only the top shirt button may be undone
- Shoes must be all black, including the logo, laces, and stitching

Detentions will be assigned for uniform infractions.



Open House Volunteers Needed (sec 2 to 5)

Open house is coming up on **September 19th**. We will need volunteers for a variety of things including greeting and giving tours of the school. If you are in grade 8 to 11 and are interested please join the open house google classroom for more information.

Code: xupr3l4

McGill University Mentorship Program: Interested in Becoming a Doctor, Dentist, Nurse, Physiotherapist, Occupational Therapist (plus others)?

For all Sec 4 and Sec 5 students interested in connecting with current students at McGill in Medicine, Dentistry, Physical Therapy, Occupational Therapy, Nursing (plus others): The deadline to apply for a mentor who is currently enrolled at McGill in one of these programs through McGill's **Academic Immersion in Healthcare (AIH)** program is Tuesday, **October 1st, 2024**. Please check your email inbox for your Google Classroom invitation and then go to the Google Classroom "RWA Career Exploration & Student Services 2024-2025" for the application package and process. This program is open to all sec 4 and sec 5 students interested in careers in Healthcare.

Royal West is happy to announce the start of our subsidized **Breakfast Program** on **Monday, September 16th**.

A healthy and tasty breakfast will be sold in the RWA Cafeteria between at 8:00 and 8:25 am each morning. **Students must go to their locker prior to entering the cafeteria in the morning.**

A full breakfast will be sold for just **one dollar (exact change please)**. The Breakfast Program is open to all RWA students. A rotating menu will be served. These include but are not limited to:

- Bagel with cream cheese/butter/cheddar cheese and a juice or milk

- Pizza Bagel with a juice or milk
- Muffin and yogurt with juice or milk

We encourage all our students to start off their school day right with a balance breakfast.

BANTAM BOYS FLAG-FOOTBALL TRYOUTS

Sign-up sheets are posted outside the Foundation Gym. Bantam is grades 7 and 8.
Details to come in the bulletin tomorrow.

Grade 7 Walk & Talk Groups

The response has been overwhelming and all the places to sign up have been filled. The groups will begin the week of Sept. 17th and run for 10 consecutive weeks at lunch time. Watch for an announcement in next week's student bulletin for all the exciting details of where and when we meet. See you then! H. Held - Student Services

Club de thé

Le club de thé reprendra à partir du 17 septembre pour les élèves de 4e et 5e sec. intéressés. Les réunions auront lieu les mardis dans la salle 108. Chaque semaine, les élèves pourront déguster un thé différent et savourer une collation. Il y a peu de meilleures façons de passer votre dîner du mardi qu'en compagnie d'amis et d'une bonne tasse de thé. Pour plus d'infos, passez voir Mme Moreau dans la salle 108. Un crédit culturel sera offert.
Ben et James